

# The 2021 Freddie Fu Sports Medicine Scholarship Program

## Program Description

The scholarship program was developed to increase student interest in a career in sports medicine. One scholarship for the amount of two thousand dollars (\$2,000) will be awarded to a selected individual in return for a six-week summer internship (30-40 hours per week for six weeks in a row; starting date to be mutually agreed upon) at the UPMC Freddie Fu Sports Medicine Center. The recipient must have transportation to the clinic during the summer internship.

The recipient will have the opportunity to observe patient evaluation, treatment, and rehabilitation by physical therapists and athletic trainers, observe clients in the Sports Performance Department and observe surgery with Freddie Fu, MD. The recipient will also have responsibilities comparable to those of a physical therapy aide including: greeting patients, preparing treatment areas, and preparing hot and cold packs.

## Applicant Qualifications

To qualify for the scholarship the applicant must be a western Pennsylvania resident entering his/her senior year of high school (applicant must be a senior in September 2021). In addition, the applicant must also exhibit a substantial interest in a career in sports medicine. The scholarship will be awarded based on the following:

- Commitment to a career in sports medicine
- Academic excellence
- Leadership qualities
- Community involvement

## Application Procedures

Individuals interested in applying must complete the following:

- Complete the application electronically then print and sign the application.
- Obtain two letters of recommendation specifying academic strengths, leadership skills, and community service.
- Request the following Guidance Counselor Form be completed and signed by the school Guidance Counselor or appropriate school representative.
- Mail in completed application, letters of recommendation and Guidance Counselor Form to the following address:

**Rob McCabe, MS, LAT, ATC**  
Manager, Athletic Training & Development  
UPMC Rooney Sports Complex  
Freddie Fu Sports Medicine Center  
3200 South Water Street  
Pittsburgh, PA 15203

*Must be postmarked by Saturday, May 1, 2021*

## Scholarship Program Implementation

- Program description and applications will be distributed to Guidance Counselors at local high schools in March 2021.
- Applications must be postmarked by Saturday, May 1, 2021.
- All applications will be reviewed by a Scholarship Committee. The top three to five candidates will be interviewed by the Committee. The final selection of the scholarship recipient will be determined by Dr. Fu.
- All applicants will be notified of the final decision by Friday, May 28, 2021.
- The scholarship recipient will serve their internship at the UPMC Freddie Fu Sports Medicine Center for six weeks (30-40 hours per week, six weeks in a row) in the summer of 2021 (starting date will be mutually determined). They will be oriented as to the opportunities and responsibilities associated with the scholarship program.

Feel free to contact me with any questions at [mccabere@upmc.edu](mailto:mccabere@upmc.edu) or **412-432-3770**.

Thank you for your interest in the Freddie Fu Sports Medicine Scholarship Program.

Sincerely,

*Rob McCabe*

Rob McCabe, MS, LAT, ATC  
Freddie Fu Sports Medicine Scholarship Program

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## Guidance Counselor Form

Applicant's name: \_\_\_\_\_

Applicant's High School: \_\_\_\_\_

*To be completed by school Guidance Counselor or appropriate school representative*

Will the applicant be a senior in high school in September 2021?  Yes  No

Class Size: \_\_\_\_\_

Quality Point Average: \_\_\_\_\_

Class Rank: \_\_\_\_\_

\_\_\_\_\_  
Guidance Counselor Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Guidance Counselor Printed Name

\_\_\_\_\_  
Phone Number

***Application Deadline: May 1, 2021***

# The 2021 Freddie Fu Sports Medicine Scholarship Program

Please type all information in the gray boxes.

Print the application after all information is complete then sign the application.

Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone: \_\_\_\_\_ Email Address: \_\_\_\_\_

High School: \_\_\_\_\_

Will you be a senior in high school in September 2021?  Yes  No  
**(If no, do not complete application)**

Please describe your interest in Sports Medicine:

Please list all community service and leadership activities that you have been involved in:

Why do you feel you are an appropriate candidate for this scholarship?

Is there any additional information that the scholarship committee may find beneficial?

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Applicant's signature (Original signature required)

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Date

