



**MAY 2021**  
**MIDDLE SCHOOL**  
**LUNCH MENU - CAFÉ STYLE**

Janet L. Gaffney, MS RD LDN  
Food Service Director



Monday	Tuesday	Wednesday	Thursday	Friday
Pizza Sticks Veggie Stix w/Ranch Treat Bag Fresh Apple Milk  ALT: Turkey & Cheese on a WG Bun  3	Nachos Supreme (Meat, Cheddar Cheese & Tortilla Chips) Spanish Rice Golden Corn Strawberry Cup Milk ALT: Turkey & Cheese on a WG Bun  4	Hot Turkey Sandwich w/Gravy Whipped Potatoes WG Dinner Roll Green Beans Fruit Choices - Craisins or Peaches Milk ALT: Ham & Cheese Sandwich  5	Cook's Choice of Hot Sandwiches French Fries Steamed Diced Carrots Banana Milk  ALT: Turkey & Cheese on a WG Bun  6	Mrs. Ts Pierogies Garlic Toast Steamed Broccoli Assorted Juice Assorted Jello Milk ALT: Turkey & Cheese on a WG Bun  7
Kasa Pizza Choices Pretzel Twists Green Beans Fruit Sorbet Milk  ALT: Turkey & Cheese on a WG Bun  10	Penne Pasta w/Meatsauce Dinner Roll Tossed Salad Peaches Milk ALT: Turkey & Cheese on a WG Bun  11	Tyson Chicken Sticks French Fries Steamed Broccoli Bread Assorted Mousse Orange Juice Cartons Milk ALT: Turkey & Cheese on a WG Bun  12	Cheeseburger on a WG Bun Baked Beans Assorted Treat Bags Assorted Fresh Fruit Milk  ALT: Turkey & Cheese on a WG Bun  13	Grilled Cheese Sandwich Tomato Soup Crackers Fresh Veggies & Ranch Fruit Choices Milk  ALT: Fish on a Bun  14
Meatball Sandwich on a WG Bun Tator Rounds Green Beans Whole Frozen Fruit Treat Milk  ALT: Turkey & Cheese on a WG Bun  17	Walking Taco (Meat, Cheese and Tositos Bag)  Salsa Cup  Steamed Peas  18	Mandarin Orange Chicken w/Brown Rice Stir-Fry Veggie Peach or Strawberry Cup Milk  ALT: Turkey & Cheese on a WG Bun  19	Gilardi Pizza Mixed Vegetable French Fries Fresh Fruit Choices Milk  ALT: Turkey & Cheese on a WG Bun  20	Pancakes w/Syrup Sausage Patty Hash Brown Rounds Fruit Cocktail Milk  ALT: Egg & Cheese Breakfast Sandwich  21
Assorted Hot Sandwiches Crispy Coleslaw Potato Pancakes Fresh Apple Milk  ALT: Turkey & Cheese on a WG Bun  24	Chicken Fajitas w/Peppers & Onions Flour Tortilla Tator Smiles Whole Frozen Fruit Treat Milk ALT: Turkey & Cheese on a WG Bun  25	Hot Dog w/Cheese & Chilli Treat Bags Baby Carrots Orange Wedges Chocolate Brownie Milk ALT: Turkey & Cheese on a WG Bun  26	Assorted Hot Sandwiches Potato Choices Baked Beans Fresh Fruit Choices Milk  ALT: Turkey & Cheese on a WG Bun  27	Mac N Cheese Biscuit Steamed Broccoli Fruity Applesauce Milk  ALT: Turkey & Cheese on a WG Bun  28
<b>NO SCHOOL</b>   31				<b>LOOKING FOR A LITTLE EXTRA CASH FLEXIBLE HOURS?</b> Various part-time Food Service Opportunities available this school year. Complete <a href="http://www.ambridge.k12.pa.us">www.ambridge.k12.pa.us</a> Apply For All Clearances Act 34,151, 114 Email: <a href="mailto:jgaffney@ambridge.k12.pa.us">jgaffney@ambridge.k12.pa.us</a>  *AASD is an equal opportunity provider