

MAY 2020 SENIOR HIGH LUNCH MENU - CAFÉ STYLE

Janet L. Gaffney, MS RD LDN Food Service Director



Monday	Tuesday	Wednesday	Thursday	Friday
Pizza Sticks Veggie Stix w/Ranch Treat Bag Fresh Apple Milk	Nachos Supreme (Meat, Cheddar Cheese & Tortilla Chips) Spanish Rice Golden Corn Strawberry Cup Milk	Hot Turkey Sandwich w/Gravy Whipped Potatoes WG Dinner Roll Green Beans Fruit Choices - Craisins or Peaches Milk	Cook's Choice of Hot Sandwiches French Fries Steamed Diced Carrots Banana Milk	Mrs. Ts Pierogies Garlic Toast Steamed Broccoli Assorted Juice Assorted Jello Milk
3	4	5	6	7
Kasa Pizza Choices Pretzel Twists Green Beans Fruit Sorbet Milk	Penne Pasta w/Meatsauce Dinner Roll Tossed Salad Peaches Milk	Tyson Chicken Sticks French Fries Steamed Broccoli Bread Assorted Mousse Orange Juice Cartons Milk	Cheeseburger on a WG Bun Baked Beans Assorted Treat Bags Assorted Fresh Fruit Milk	Grilled Cheese Sandwich Tomato Soup Crackers Fresh Veggies & Ranch Fruit Choices Milk
10	11	12	13	14
Meatball Sandwich on a WG Bun Tator Rounds Green Beans Whole Frozen Fruit Treat Milk	Walking Taco (Meat, Cheese and Tositos Bag) Salsa Cup Steamed Peas Refried Beans Fruit Choice Milk	Mandarin Orange Chicken w/Brown Rice Stir-Fry Veggie Peach or Strawberry Cup Milk	Gilardi Pizza Mixed Vegetable French Fries Fresh Fruit Choices Milk	Pancakes w/Syrup Sausage Patty Hash Brown Rounds Fruit Cocktail Milk
17	18	19	20	21
Assorted Hot Sandwiches Crispy Coleslaw Potato Pancakes Fresh Apple Milk	Chicken Fajitas w/Peppers & Onions Flour Tortilla Tator Smiles Whole Frozen Fruit Treat Milk	Hot Dog w/Cheese & Chilli Treat Bags Baby Carrots Orange Wedges Chocolate Brownie Milk	Assorted Hot Sandwiches Potato Choices Baked Beans Fresh Fruit Choices Milk	Mac N Cheese Biscuit Steamed Broccoli Fruity Applesauce Milk
24	25	26	27	28 LOOKING FOR A LITTLE EXTRA
NO SCHOOL				COKING FOR A LITTLE EXTRA CASH FLEXIBLE HOURS? Various part-time Food Service Opportuni- ties available this school year. Com- plete www.ambridge.k12.pa.us Apply For All Clearances Act 34,151, 114 Email con- cernsjgaffney@ambridge.k12.pa.us *AASD is an equal opportunity provider