

AUGUST 2021 MIDDLE SCHOOL LUNCH MENU - CAFÉ STYLE

Janet L. Gaffney, MS RD LDN Food Service Director



Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
	40	,,	40	40
9	10	11 FIRST DAY OF SCHOOL	Taco in Soft Shell	Chicken Tenders
		Bridger Pizza	w/Lettuce & Tomato	Pasta Alfredo
		Assorted Potatoes California Veggie Blend	Cheesy Mexican Rice Golden Corn	Fresh Broccoli Florets w/Ranch Fresh Banana
		Frozen Fruit Swirl (By Whole Fruit) Milk	Fruit Cocktail Milk	Dinner Roll Milk
		ALT: Hoagie	ALT: Hoagie	ALT: Hoagie
16	17	18	19	20
Mandarin Chicken over Egg Noodles	Hot Dog on a Bun w/Cheese & Chilli	Pork Chopette w/ Gravy	Cheeseburger on a Bun	Taco Wraps
Stir-Fry Vegetables Egg Roll	Potato Pancakes Fresh Green Peppers & Celery Stix	Whipped Potatoes Veggie of the Day	w/Lettuce & Tomato Tator Triangles	WG Healthy Treat Bag Mexicorn
Chilled Peaches Milk	Applesauce Cup Milk	WG Dinner Roll Assorted Fruits	Broccoli Spears Peachy/Pear Cup	Fresh Fruit Choices Milk
		Milk	Milk	
ALT: Hoagie	ALT: Hoagie	ALT: Hoagie	ALT: Hoagie	ALT: Hoagie
23	24	25	26	27 LOOKING FOR A LITTLE EXTRA
Gyro on a Pita Rice Pilaf	Nachos Supreme w/Salsa & Cheddar Cheese			CASH FLEXIBLE HOURS? Various
Peas & Carrots Fresh Fruit Variety	Mexican Rice Refried Beans			part-time Food Service Opportunities available this school year. Com-
Milk	Fresh Apple			plete application at- www.ambridge.k12.pa.us Apply For
ALT: Hoagie	Milk ALT: Hoagie			All Clearances Act 34,151, 114 Email:jgaffney@ambridge.k12.pa.us with
				any concerns.
30	31			*AASD is an equal opportunity provider