



**SEPTEMBER 2021
HIGH SCHOOL
LUNCH MENU - CAFÉ STYLE**

Janet L. Gaffney, MS RD LDN
Food Service Director



Monday	Tuesday	Wednesday	Thursday	Friday
		Penne Pasta and Meat Sauce Garlic Toast Cooked Broccoli Florets Green Beans Peaches Milk	Chicken Patty on a WG Bun Tator Tots Cukes & Pepper Strips w/Ranch Orange Wedges Milk	Mexican Pizza Potato Wedges Fresh Baby Carrots Whole Fruit Choices Milk
1	2	3	4	5
LABOR DAY NO SCHOOL	Pepperoni Pizza (Nardones) Romaine Salad Fresh Fruit in Season Treat Bag Milk	Chicken Choices Favorite Fries Carrots w/Ranch Bridger Jello (Black Cherry) Punch (100% Juice) Milk	Meatball Sandwich on a WG Roll w/Mozzarella Cheese Potato Smiles Fresh Fruit Choices Veggie Juice Milk	Mac N Cheese WG Biscuit Chilled Pears Steamed Broccoli Milk
6	7	8	9	10
Bridger Burger French Fries Mixed Vegetables Fresh Fruit Choices Milk	Popcorn Chicken Potato Wedges WG Breadsticks Cheesy Cauliflower Mandarin Craisin Cup Milk	Pork Choppette w/Pork Gravy Whipped Potatoes Garden Sweet Peas WG Dinner Roll Warm Cinnamon Apples Milk	Chicken Parm on a Bun French Fries Carroteenies w/Ranch Dip Pears au Chocolate Milk	Pierogies w/Onion Butter Sauce Spinach Salad Garlic Toast Assorted Hot Veggies Seasonal Fruit Milk
13	14	15	16	17
Assorted Pizza Hash Browns Steamed Carrots Flavored Applesauce Cup Milk	Walking Taco w/WG Tortillas w/Cheddar Cheese Pacific Blend Vegetables Chilled Peaches Asst Flavors Mousse Milk	Grilled Chicken Salad French Fries Veggie of the Day Chilled Peachy/Pear Cup WG Roll Milk	Rotini & Meatball w/Parm Cheese Romaine Salad Soft Breadsticks Green Beans Fresh Fruit in Season Milk	Mexican Pizza Onion Rings White Bean Salad / Corn Diced Peaches Milk
20	21	22	23	24
Bridger Burger w/Cheese Assorted Treat Bags Green Beans Fresh Orange or Apple Milk	Popcorn Chicken French Fries Steamed Broccoli Dinner Roll Mandarin Oranges Milk	Stuffed Breadstix & Pizza Sauce California Veggie Blend Coleslaw Whole Fruit Swirl Milk	Taco in Soft Shell w/Lettuce & Tomato Cheesy Mexican Rice Golden Corn Fiesta Beans Fruit Cocktail Milk	LOOKING FOR A LITTLE EXTRA CASH FLEXIBLE HOURS? Various part-time Food Service Opportuni- ties available this school year. Com- plete application at- www.ambridge.k12.pa.us Apply For All Clearances Act 34,151, 114 Email: jgaffney@ambridge.k12.pa.us with any concerns.
27	28	29	30	30

*AASD is an equal opportunity provider