



**SEPTEMBER 2021  
MIDDLE SCHOOL  
LUNCH MENU - CAFÉ STYLE**

Janet L. Gaffney, MS RD LDN  
Food Service Director



Monday	Tuesday	Wednesday	Thursday	Friday
		Penne Pasta and Meat Sauce Garlic Toast Cooked Broccoli Florets Green Beans Peaches Milk ALT: Hoagie	Chicken Patty on a WG Bun Tator Tots Cukes & Pepper Strips w/Ranch Orange Wedges Milk ALT: Hoagie	Mexican Pizza Potato Wedges Fresh Baby Carrots Whole Fruit Choices Milk ALT: Hoagie
1	2	3	4	5
<b>LABOR DAY NO SCHOOL</b>	Pepperoni Pizza (Nardones) Romaine Salad Fresh Fruit in Season Treat Bag Milk ALT: Hoagie	Chicken Choices Favorite Fries Carrots w/Ranch Bridger Jello (Black Cherry) Punch (100% Juice) Milk ALT: Hoagie	Meatball Sandwich on a WG Roll w/Mozzarella Cheese Potato Smiles Fresh Fruit Choices Veggie Juice Milk ALT: Hoagie	Mac N Cheese WG Biscuit Chilled Pears Steamed Broccoli Milk ALT: Hoagie
6	7	8	9	10
Bridger Burger French Fries Mixed Vegetables Fresh Fruit Choices Milk ALT: Hoagie	Popcorn Chicken Potato Wedges WG Breadsticks Cheesy Cauliflower Mandarin Craisin Cup Milk ALT: Hoagie	Pork Choppette w/Pork Gravy Whipped Potatoes Garden Sweet Peas WG Dinner Roll Warm Cinnamon Apples Milk ALT: Hoagie	Chicken Parm on a Bun French Fries Carroteenies w/Ranch Dip Pears au Chocolate Milk ALT: Hoagie	Pierogies w/Onion Butter Sauce Spinach Salad Garlic Toast Assorted Hot Veggies Seasonal Fruit Milk ALT: Hoagie
13	14	15	16	17
Assorted Pizza Hash Browns Steamed Carrots Flavored Applesauce Cup Milk ALT: Hoagie	Walking Taco w/WG Tortillas w/Cheddar Cheese Pacific Blend Vegetables Chilled Peaches Asst Flavors Mousse Milk ALT: Hoagie	Grilled Chicken Salad French Fries Veggie of the Day Chilled Peachy/Pear Cup WG Roll Milk ALT: Hoagie	Rotini & Meatball w/Parm Cheese Romaine Salad Soft Breadsticks Green Beans Fresh Fruit in Season Milk ALT: Hoagie	Mexican Pizza Onion Rings White Bean Salad / Corn Diced Peaches Milk ALT: Hoagie
20	21	22	23	24
Bridger Burger w/Cheese Assorted Treat Bags Green Beans Fresh Orange or Apple Milk ALT: Hoagie	Popcorn Chicken French Fries Steamed Broccoli Dinner Roll Mandarin Oranges Milk ALT: Hoagie	Stuffed Breadstix & Pizza Sauce California Veggie Blend Coleslaw Whole Fruit Swirl Milk ALT: Hoagie	Taco in Soft Shell w/Lettuce & Tomato Cheesy Mexican Rice Golden Corn Fiesta Beans Fruit Cocktail Milk ALT: Hoagie	<b>LOOKING FOR A LITTLE EXTRA CASH FLEXIBLE HOURS? Various part-time Food Service Opportuni- ties available this school year. Com- plete application at- <a href="http://www.ambridge.k12.pa.us">www.ambridge.k12.pa.us</a> Apply For All Clearances Act 34,151, 114 Email: <a href="mailto:jgaffney@ambridge.k12.pa.us">jgaffney@ambridge.k12.pa.us</a> with any concerns.</b>
27	28	29	30	30

\*AASD is an equal opportunity provider