



DECEMBER 2021 HIGH SCHOOL LUNCH MENU - CAFÉ STYLE

Janet L. Gaffney, MS RD LDN
Food Service Director



| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|--|--|
| LOOKING FOR A LITTLE EXTRA CASH FLEXIBLE HOURS? Various part-time Food Service Opportunities available this school year. Complete application at www.ambridge.k12.pa.us Apply For All Clearances Act 34,151, 114 Email: jgaffney@ambridge.k12.pa.us with any concerns. *AASD is an equal opportunity provider | | Chicken Tenders Curly Fries Carrots w/Ranch Dinner Roll Fresh Peach | Meatball Sandwich on a WG Roll w/Mozz Cheese Potato Smiles Fresh Banana Veggie Juice Milk | Mac N Cheese WG Biscuit or Bread Stick Chilled Pears Steamed Broccoli Milk |
| | | 1 | 2 | 3 |
| Bridger Burger French Fries Mixed vegetables Applesauce Cup Milk | Spicy Chicken Breast on a Bun Potato Wedges WG Breadsticks Cheesy Cauliflower Mandarin Craisin Cup Milk | BBQ Beef Ribbie on a Bun Cheesy Potatoes Sweet Peas Fruity Sorbet Milk | Soft Taco w/ Chicken French Fries Carroteenies w/Ranch Dip Pears au Chocolate Milk | Perogies Tossed Salad Garlic Toast Strawberry Cup Milk |
| 6 | 7 | 8 | 9 | 10 |
| Cheese Pizza Assorted Treat Bags Peas & Carrots Fruity Applesauce Milk | Walking Taco W/Cheddar Cheese Salsa Cup Mexican Rice Fresh Orange Milk | Breaded Chicken Patty on a Bun Fries Fresh Veggie Stix w/Ranch Rudolph's Jello Parfait Assorted Fruit Milk | Holiday Lunch Baked Ham Scalloped Potatoes Peas Gingerbread Man 100% Fruit Punch Milk | Mexican Pizza Crinkle Cut Fries Golden Corn Fresh Fruit Milk |
| 13 | 14 | 15 | 16 | 17 |
| Bacon Cheese Burger Green Beans Goldfish Crackers Fruit Cups Milk | EARLY DISMISSAL Breakfast Sandwich (Egg, Cheese on English Muffin) Hash Brown Orange Juice Milk | CHRISTMAS BREAK NO SCHOOL | NO SCHOOL | NO SCHOOL |
| 20 | 21 | 22 | 23 | 24 |
| NO SCHOOL | NO SCHOOL | NO SCHOOL | NO SCHOOL | NO SCHOOL |
| 27 | 28 | 29 | 30 | 31 |