



JANUARY 2022 MIDDLE/HIGH SCHOOL BREAKFAST MENU

Janet L. Gaffney, MS RD LDN
Food Service Director



Monday	Tuesday	Wednesday	Thursday	Friday
Orange Juice Oatmeal Round Cook's Choice of 2nd Grain Milk 3	Peach Cup WG Cinnamon Roll String Cheese Milk 4	Apple Juice Pumpkin or Lemon Bread Hard Cooked Egg Milk 5	Cranberry Juice Apple Turnover Nutri Grain Bar Milk 6	Breakfast Kits (Includes 2 Grains & 100% Juice) Milk 7
Blue-Raz Juice Bagel w/Cream Cheese 2nd Grain / Dino Grahams Milk 10	Clementine WG Mini Loaf - Choc Chip or Lemon Fruity Yogurt Milk 11	Grandma's Blueberry Bites (crackers) Sliced Apples Hard Cooked Egg Milk 12	Breakfast Kits (Includes 2 Grains & 100% Juice) Milk 13	NO SCHOOL 14
MARTIN LUTHER KING DAY NO SCHOOL 17	100% Punch Juice Assorted Grahams Coco-Cherry Bar Milk 18	Berry Applesauce Cup Fruity Yogurt Pumpkin Bread Slice Milk 19	Blue Raz Juice Cherry Vanilla Yogurt Fruity Churro Milk 20	Breakfast Kits (Includes 2 Grains & 100% Juice) Milk 21
Apple Juice Cherry Frudel Blueberry Muffin Top Milk 24	Punch Juice Apple Slices Cinnamon Roll Yogurt Milk 25	Grape Juice Fruity Muffin Hard Cooked Egg Milk 26	Citrus Blast Applesauce Cup - Peach or Cinnamon Bagel w/Cream Cheese Milk 27	Breakfast Kits (Includes 2 Grains & 100% Juice) Milk 28
Assorted Juice WG Poptart Cinnamon Graham Milk 31				LOOKING FOR A LITTLE EXTRA CASH FLEXIBLE HOURS? Various part-time Food Service Opportunities available this school year. Complete application at www.ambridge.k12.pa.us Apply For All Clearances Act 34,151, 114 Email concerns:jgaffney@ambridge.k12.pa.us *AASD is an equal opportunity provider