

## JANUARY 2022 HIGH SCHOOL LUNCH MENU - CAFÉ STYLE

Janet L. Gaffney, MS RD LDN Food Service Director



Monday	Tuesday	Wednesday	Thursday	Friday
Mandarin Chicken over Egg Noodles Stir-Fry Vegetables Egg Roll Chilled Peaches Milk	Hot Dog on a Bun w/Cheese & Chilli Potato Pancakes Fresh Green Peppers & Celery Stix Applesauce Cup Milk	Stuffed Breadstix w/Sauce Veggie of the Day WG Dinner Roll Assorted Fruits Milk	Hot Turkey Sandwich w/Gravy Whipped Potatoes Peas Fresh Orange Chocolate Mousse Milk	Gyro on a Pita French Fries Fresh Fruit Choice Milk
3	4	5	6	7
Pancakes or French Toast And Sausage Breakfast Potatoes Orange Juice Milk	Nachos Supreme w/Salsa & Cheddar Cheese Mex Rice Refried Beans Fresh Apple Milk	Penne Pasta & Meat Sauce Garlic Toast Cooked Broccoli Florets Peaches Milk	Chicken Patty on a WG Bun w/Lettuce & Tomato Tator Tots Cukes & Pepper Strips w/Ranch Orange Wedges Milk	NO SCHOOL
10	11	12	13	14
MARTIN LUTHER KING DAY NO SCHOOL	Cheese Pizza (Nardones) Romaine Salad Fresh Fruit in Season Treat Bag Milk	Chicken Tenders Curly Fries Carrots w/Ranch Dinner Roll Fresh Peach Milk	Meatball Sandwich on a WG Roll w/Mozzarella Cheese Potato Smiles Fresh Banana Cotton Candy Jello Milk	Mac N Cheese WG Biscuit or Breadstick Chilled Pears Steamed Broccoli Milk
Bridger Burger French Fries Tomato Soup Applesauce Cup Milk	Popcorn Chicken Potato Wedges WG Breadsticks Cheesy Cauliflower Mandarin Craisin Cup Milk	BBQ Ribbie on a Bun Cheesy Potatoes Sweet Peas Fruity Sorbet Milk	Chicken Soft Taco French Fries Carroteenies W/Ranch Dip Pears au Chocolate Milk	Pierogies Tossed Salad Garlic Toast Strawberry Cup Milk
24	25	26	27	28
Cheese Pizza Assorted Treat Bags Peas and Carrots Fruity Applesauce Milk 31				LOOKING FOR A LITTLE EXTRA CASH FLEXIBLE HOURS? Various part-time Food Service Opportuni- ties available this school year. Com- plete application at- www.ambridge.k12.pa.us Apply For All Clearances Act 34,151, 114 Email:jgaffney@ambridge.k12.pa.us with any concerns. *AASD is an equal opportunity provider