

## JANUARY 2022 K-5 LUNCH MENU - CAFÉ STYLE

Janet L. Gaffney, MS RD LDN Food Service Director



Monday	Tuesday	Wednesday	Thursday	Friday
Mandarin Chicken over Egg Noodles Stir-Fry Vegetables Egg Roll Chilled Peaches Milk	Hot Dog on a Bun w/Cheese & Chilli Potato Pancakes Fresh Green Peppers & Celery Stix Applesauce Cup Milk	Stuffed Breadstix w/Sauce Veggie of the Day WG Dinner Roll Assorted Fruits Milk	Hot Turkey Sandwich w/Gravy Whipped Potatoes Peas Fresh Orange Chocolate Mousse Milk	Grilled Cheese w/Pickles Goldfish Crackers Tomato Soup Fresh Fruit Choice Milk
ALT: American Hoagie	ALT: American Hoagie	ALT: American Hoagie	ALT: American Hoagie	ALT: Fish on a Bun
3	4	5	6	7
Pancakes or French Toast And Sausage Breakfast Potatoes Orange Juice Milk ALT: Ham & American Cheese on Bun	Nachos Supreme w/Salsa & Cheddar Cheese Mex Rice Refried Beans Fresh Apple Milk ALT: Ham & American Cheese on Bun	Penne Pasta & Meat Sauce Garlic Toast Cooked Broccoli Florets Peaches Milk ALT: Ham & American Cheese on Bun	Chicken Patty on a WG Bun w/Lettuce & Tomato Tator Tots Cukes & Pepper Strips w/Ranch Orange Wedges Milk ALT: Ham & American Cheese on Bun	NO SCHOOL
10	11	12	13	14
MARTIN LUTHER KING DAY NO SCHOOL	Cheese Pizza (Nardones) Romaine Salad Fresh Fruit in Season Treat Bag Milk ALT: Italian Sub	Chicken Tenders Curly Fries Carrots w/Ranch Dinner Roll Fresh Peach Milk ALT: Italian Sub	Meatball Sandwich on a WG Roll w/Mozzarella Cheese Potato Smiles Fresh Banana Cotton Candy Jello Milk ALT: Italian Sub	Mac N Cheese WG Biscuit or Breadstick Chilled Pears Steamed Broccoli Milk ALT: Fish on a Bun
17	18	19	20	21
Bridger Burger French Fries Mixed Vegetables Applesauce Cup Milk ALT: Turkey & Cheddar on a Bun	Popcorn Chicken Potato Wedges WG Breadsticks Cheesy Cauliflower Mandarin Craisin Cup Milk ALT: Turkey & Cheddar on a Bun	BBQ Ribbie on a Bun Cheesy Potatoes Sweet Peas Fruity Sorbet Milk ALT: Turkey & Cheddar on a Bun	Chicken Soft Taco French Fries Carroteenies W/Ranch Dip Pears au Chocolate Milk ALT: Turkey & Cheddar on a Bun	Pierogies Tossed Salad Garlic Toast Strawberry Cup Milk ALT: Fish on a Bun
24	25	26	27	28
Cheese Pizza Assorted Treat Bags Peas and Carrots Fruity Applesauce Milk ALT: Turkey & Cheddar on a Bun <b>31</b>				LOOKING FOR A LITTLE EXTRA CASH FLEXIBLE HOURS? Various part-time Food Service Opportuni- ties available this school year. Com- plete application at- www.ambridge.k12.pa.us Apply For All Clearances Act 34,151, 114 Email:jgaffney@ambridge.k12.pa.us with any concerns. *AASD is an equal opportunity provider