



**JANUARY 2022
MIDDLE SCHOOL
LUNCH MENU - CAFÉ STYLE**

Janet L. Gaffney, MS RD LDN
Food Service Director



Monday	Tuesday	Wednesday	Thursday	Friday
Mandarin Chicken over Egg Noodles Stir-Fry Vegetables Egg Roll Chilled Peaches Milk ALT: American Hoagie <p style="text-align: right;">3</p>	Hot Dog on a Bun w/Cheese & Chilli Potato Pancakes Fresh Green Peppers & Celery Stix Applesauce Cup Milk ALT: American Hoagie <p style="text-align: right;">4</p>	Stuffed Breadstix w/Sauce Veggie of the Day WG Dinner Roll Assorted Fruits Milk ALT: American Hoagie <p style="text-align: right;">5</p>	Hot Turkey Sandwich w/Gravy Whipped Potatoes Peas Fresh Orange Chocolate Mousse Milk ALT: American Hoagie <p style="text-align: right;">6</p>	Gyro on a Pita French Fries Fresh Fruit Choice Milk ALT: Fish on a Bun <p style="text-align: right;">7</p>
Pancakes or French Toast And Sausage Breakfast Potatoes Orange Juice Milk ALT: Ham & Swiss Cheese on Bun <p style="text-align: right;">10</p>	Nachos Supreme w/Salsa & Cheddar Cheese Mex Rice Refried Beans Fresh Apple Milk ALT: Ham & Swiss Cheese on Bun <p style="text-align: right;">11</p>	Penne Pasta & Meat Sauce Garlic Toast Cooked Broccoli Florets Peaches Milk ALT: Ham & Swiss Cheese on Bun <p style="text-align: right;">12</p>	Chicken Patty on a WG Bun w/Lettuce & Tomato Tator Tots Cukes & Pepper Strips w/Ranch Orange Wedges Milk ALT: Ham & Swiss Cheese on Bun <p style="text-align: right;">13</p>	NO SCHOOL <p style="text-align: right;">14</p>
MARTIN LUTHER KING DAY NO SCHOOL <p style="text-align: right;">17</p>	Cheese Pizza (Nardones) Romaine Salad Fresh Fruit in Season Treat Bag Milk ALT: Italian Sub <p style="text-align: right;">18</p>	Chicken Tenders Curly Fries Carrots w/Ranch Dinner Roll Fresh Peach Milk ALT: Italian Sub <p style="text-align: right;">19</p>	Meatball Sandwich on a WG Roll w/Mozzarella Cheese Potato Smiles Fresh Banana Cotton Candy Jello Milk ALT: Italian Sub <p style="text-align: right;">20</p>	Mac N Cheese WG Biscuit or Breadstick Chilled Pears Steamed Broccoli Milk ALT: Fish on a Bun <p style="text-align: right;">21</p>
Bridger Burger French Fries Tomato Soup Applesauce Cup Milk ALT: Turkey & Cheddar on a Bun <p style="text-align: right;">24</p>	Popcorn Chicken Potato Wedges WG Breadsticks Cheesy Cauliflower Mandarin Craisin Cup Milk ALT: Turkey & Cheddar on a Bun <p style="text-align: right;">25</p>	BBQ Ribbie on a Bun Cheesy Potatoes Sweet Peas Fruity Sorbet Milk ALT: Turkey & Cheddar on a Bun <p style="text-align: right;">26</p>	Chicken Soft Taco French Fries Carroteenies W/Ranch Dip Pears au Chocolate Milk ALT: Turkey & Cheddar on a Bun <p style="text-align: right;">27</p>	Pierogies Tossed Salad Garlic Toast Strawberry Cup Milk ALT: Fish on a Bun <p style="text-align: right;">28</p>
Cheese Pizza Assorted Treat Bags Peas and Carrots Fruity Applesauce Milk ALT: Turkey & Cheddar on a Bun <p style="text-align: right;">31</p>				LOOKING FOR A LITTLE EXTRA CASH FLEXIBLE HOURS? Various part-time Food Service Opportunities available this school year. Complete application at- www.ambridge.k12.pa.us Apply For All Clearances Act 34,151, 114 Email: jgaffney@ambridge.k12.pa.us with any concerns. *AASD is an equal opportunity provider