



**FEBRUARY 2022
MIDDLE/HIGH SCHOOL
BREAKFAST MENU**

Janet L. Gaffney, MS RD LDN
Food Service Director



Monday	Tuesday	Wednesday	Thursday	Friday
	Fresh Apple Fruity Yogurt Benefit Bar Milk	Orange Juice Apple Frudel Mozzarella String Cheese Milk	Fresh Banana Quaker Granola Bar Goldfish Grahams Milk	Breakfast Kits (Includes 2 Grains & 100% Juice) Milk
	1	2	3	4
100% Punch Juice Goody Ring Nutri Grain Bar Milk	Craisins or Raisins Blueberry Muffin Scooby Grahams Milk	Apple Juice JTeam Cheerios Bar 2nd Grain Choice Milk	Orange Juice Mini Loaf Combread Fruity Yogurt Milk	Breakfast Kits (Includes 2 Grains & 100% Juice) Milk
7	8	9	10	11
Orange Juice Oatmeal Round Cook's Choice of 2nd Grain Milk	Peach Cup WG Cinnamon Roll String Cheese Milk	Apple Juice Lemon Bread Hard Cooked Egg Milk	Cranberry Juice Apple Turnover Nutri Grain Bar Milk	Breakfast Kits (Includes 2 Grains & 100% Juice) Milk
14	15	16	17	18
NO SCHOOL	Clementine WG Mini Loaf, Choc Chip or Lemon Fruity Yogurt Milk	Grandma's Blueberry Bites (Crackers) Sliced Apples Hard Cooked Egg Milk	Diced Pears Assorted Grahams Fruity Yogurt Milk	Breakfast Kits (Includes 2 Grains & 100% Juice) Milk
21	22	23	24	25
Apple Slices Nutri Grain Bar Sport Bite Grahams Milk				LOOKING FOR A LITTLE EXTRA CASH FLEXIBLE HOURS? Various part-time Food Service Opportunities available this school year. Complete application at www.ambridge.k12.pa.us Apply For All Clearances Act 34,151, 114 Email concerns:jgaffney@ambridge.k12.pa.us *AASD is an equal opportunity provider
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