



FEBRUARY 2022
HIGH SCHOOL
LUNCH MENU - CAFÉ STYLE

Janet L. Gaffney, MS RD LDN
 Food Service Director



Monday	Tuesday	Wednesday	Thursday	Friday
	Walking Taco w/Cheddar Cheese Salsa Cup Mexican Rice Fresh Orange Milk	Chicken Patty on a Bun French Fries Soup of the Day Chilled Peachy/Pear Cup WG Roll Milk	Meatball Sandwich w/Mozzarella Cheese Romaine Salad Fresh Fruit in Season Treat Bag Milk	Mexican Pizza Onion Rings Steamed Corn Diced Peaches Milk
	1	2	3	4
Bridger Burger w/Cheese Assorted Treat Bags Green Beans Fresh Orange or Apple Milk	Popcorn Chicken French Fries Steamed Broccoli Dinner Roll Mandarin Oranges Milk	Stuffed Breadstix & Pizza Sauce California Veggie Blend Whole Fruit Swirl Milk	Taco in a Soft Shell w/Lettuce & Tomato Cheesy Mexican Rice Golden Corn Fruit Cocktail Choc Brownie Milk	Chicken Tenders Pasta Alfredo Fresh Broccoli Florets w/Ranch Fresh Banana Milk
7	8	9	10	11
Mandarin Chicken over Egg Noodles Stir-Fry Vegetables Egg Roll Chilled Peaches Valentine Dessert Milk	BBQ Rib on a Bun Whipped Potatoes Veggie of the Day Assorted Fruit Milk	Cheeseburger on a Bun w/Lettuce & Tomato Tator Triangles Broccoli Spears Peachy/Pear Cup Milk	Hot Dog on a Bun w/Cheese & Chilli Potato Pancakes Fresh Peppers/Celery Stix w/Ranch Applesauce Cup Milk	Gyro on a Pita w/Lettuce & Cuke Sauce WG Healthy Treat Bag Veggie Stix w/Ranch Fresh Fruit Choices Milk
14	15	16	17	18
NO SCHOOL	Nachos Supreme w/Salsa & Cheddar Cheese Mex Rice Refried Beans Fresh Apple Milk	Penne Pasta & Meat Sauce Garlic Toast Cooked Broccoli Florets Peaches Mousse Dessert Milk	Chicken Patty on a WG Bun Tator Tots Cukes & Pepper Strips w/Ranch Orange Wedges Milk	Cheeseburger Potato Wedges Fresh Baby Carrots Whole Fruit Choices Milk
21	22	23	24	25
Cheese Pizza Golden Corn Treat Bag Fruit Cups Milk				LOOKING FOR A LITTLE EXTRA CASH FLEXIBLE HOURS? Various part-time Food Service Opportuni- ties available this school year. Com- plete application at- www.ambridge.k12.pa.us Apply For All Clearances Act 34,151, 114 Email: jgaffney@ambridge.k12.pa.us with any concerns. *AASD is an equal opportunity provider
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