



FEBRUARY 2022
MIDDLE SCHOOL
LUNCH MENU - CAFÉ STYLE

Janet L. Gaffney, MS RD LDN
 Food Service Director



| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|---|---|--|
| | Walking Taco w/Cheddar Cheese Salsa Cup Mexican Rice Fresh Orange Milk ALT: Turkey & Cheese on a Bun | Grilled Chicken Salad French Fries Soup of the Day Chilled Peachy/Pear Cup WG Roll Milk ALT: Turkey & Cheese on a Bun | Meatball Sandwich w/Mozzarella Cheese Romaine Salad Fresh Fruit in Season Treat Bag Milk | Mexican Pizza Onion Rings Steamed Corn Diced Peaches Milk ALT: Turkey & Cheese on a Bun |
| | 1 | 2 | 3 | 4 |
| Bridger Burger w/Cheese Assorted Treat Bags Green Beans Fresh Orange or Apple Valentine Dessert Milk ALT: Ham & American Cheese on Bun | Popcorn Chicken French Fries Steamed Broccoli Dinner Roll Mandarin Oranges Milk ALT: Ham & American Cheese on Bun | Stuffed Breadstix & Pizza Sauce California Veggie Blend Whole Fruit Swirl Milk ALT: Ham & American Cheese on Bun | Taco in a Soft Shell w/Lettuce & Tomato Cheesy Mexican Rice Golden Corn Fruit Cocktail Choc Brownie Milk ALT: Ham & American Cheese on Bun | Chicken Tenders Pasta Alfredo Fresh Broccoli Florets w/Ranch Fresh Banana Milk ALT: Fish on a Bun |
| 7 | 8 | 9 | 10 | 11 |
| Mandarin Chicken over Egg Noodles Stir-Fry Vegetables Egg Roll Chilled Peaches Valentine Dessert Milk ALT: Turkey & Cheese on a Bun | BBQ Rib on a Bun Whipped Potatoes Veggie of the Day Assorted Fruit Milk ALT: Turkey & Cheese on a Bun | Cheeseburger on a Bun w/Lettuce & Tomato Tator Triangles Broccoli Spears Peachy/Pear Cup Milk ALT: Turkey & Cheese on a Bun | Hot Dog on a Bun w/Cheese & Chilli Potato Pancakes Fresh Peppers/Celery Stix w/Ranch Applesauce Cup Milk ALT: Turkey & Cheese on a Bun | Grilled Cheese w/Pickles WG Healthy Treat Bag Tomato Soup Veggie Stix w/Ranch Fresh Fruit Choices Milk ALT: Turkey & Cheese on a Bun |
| 14 | 15 | 16 | 17 | 18 |
| NO SCHOOL | Nachos Supreme w/Salsa & Cheddar Cheese Mex Rice Refried Beans Fresh Apple Milk ALT: Mini American Hoagie | Penne Pasta & Meat Sauce Garlic Toast Cooked Broccoli Florets Peaches Mousse Dessert Milk ALT: Mini American Hoagie | Chicken Patty on a WG Bun Tator Tots Cukes & Pepper Strips w/Ranch Orange Wedges Milk ALT: Mini American Hoagie | Fish on a WG Bun Potato Wedges Fresh Baby Carrots Whole Fruit Choices Milk ALT: Mini American Hoagie |
| 21 | 22 | 23 | 24 | 25 |
| Cheese Pizza Golden Corn Treat Bag Fruit Cups Milk ALT: Ham & Swiss on a Bun | | | | LOOKING FOR A LITTLE EXTRA CASH FLEXIBLE HOURS? Various part-time Food Service Opportunities available this school year. Complete application at- www.ambridge.k12.pa.us Apply For All Clearances Act 34,151, 114 Email: jgaffney@ambridge.k12.pa.us with any concerns. *AASD is an equal opportunity provider |
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