



**MARCH 2022
HIGH SCHOOL
LUNCH MENU - CAFÉ STYLE**

Janet L. Gaffney, MS RD LDN
Food Service Director



Monday	Tuesday	Wednesday	Thursday	Friday
<p>LENT BEGINS MARCH 2ND</p> <p>MEATLESS MEALS SERVED ON FRIDAYS</p>	Soft Taco Golden Corn Salsa Fruit Cups Milk	Chicken or Fish French Fries Carrots w/Ranch Dinner Roll Peaches Milk	Meatball Sandwich on WG Roll w/Mozzarella Cheese Broccoli Florets Potato Smiles Fresh Banana Milk	Greek Gyro on a Pita w/Lettuce & Onions Chilled Pears Steamed Broccoli Milk
1	2	3	4	5
Bridger Burger French Fries Vegetable Soup & Crackers Applesauce Cup Milk	Popcorn Chicken Potato Wedges WG Breadsticks Cheesy Cauliflower Mandarin Craisin Cup Milk	BBQ Rib on a Bun Cheesy Potatoes Sweet Peas Fruity Sorbet Milk	Sloppy Joe on a Bun French Fries Carroteenies w/Ranch Pears au Chocolate Milk	Perogies Tossed Salad Garlic Toast Strawberry Cup Milk
7	8	9	10	11
Cheese Pizza Assorted Treat Bags Peas & Carrots Fruity Applesauce Cup Milk	Walking Taco w/Cheddar Cheese Salsa Cup Mex Rice Fresh Orange Milk	Breaded Chicken Patty on a Bun French Fries Fresh Veggie Stix w/Ranch Parfait Assorted Fruit Milk	<p style="text-align: center;">St Patrick's Day</p> Rotini & Meatball w/Parm Cheese Green Leprechan Salad Soft Breadsticks, Green Beans Lucky Lime Jello, Green Grapes Milk	Mexican Pizza Crinkle Cut Fries Golden Corn Fresh Fruit Milk
14	15	16	17	18
2 Hour Delay Cheeseburger w/Lettuce & Tomato Green Beans Treat Bag Fruit Cup Milk	NO SCHOOL	Wing Ding Basket French Fries Dinner Roll California Veggie Blend Whole Fruit Swirl Milk	Taco in Soft Shell w/Lettuce & Tomato Cheesy Mexican Rice Golden Corn Fiesta Beans Fruit Cocktail Milk	Spicy Chicken Sandwich Pasta Alfredo Fresh Broccoli Fresh Banana Milk
21	22	23	24	25
Mandarin Chicken over Egg Noodles Stir Fry Veggies Egg Roll Chilled Peaches Milk	Hot Dog on Bun w/Cheese & Chilli Potato Pancakes Fresh Green Peppers & Celery Stix Applesauce Cup Milk	Stuffed Breadstix w/Sauce Veggie of the Day WG Dinner Roll Assorted Fruits Milk	Breaded Chicken w/Gravy Cranberry Sauce Whipped Potatoes Peas Fresh Orange Chocolate Mousse Milk	<p>LOOKING FOR A LITTLE EXTRA CASH FLEXIBLE HOURS? Various part-time Food Service Opportunities available this school year. Complete application at- www.ambridge.k12.pa.us Apply For All Clearances Act 34,151, 114 Email: jgaffney@ambridge.k12.pa.us with any concerns.</p> <p>*AASD is an equal opportunity provider</p>
28	29	30	31	