

MAY 2022 HIGH SCHOOL LUNCH MENU - CAFÉ STYLE

Janet L. Gaffney, MS RD LDN Food Service Director



Monday	Tuesday	Wednesday	Thursday	Friday
Cheeseburger w/Lettuce & Tomato Green Beans Treat Bag Fruit Cup Milk	Sloppy Joe on a Bun French Fries Carroteenies w/Ranch Pears au Chocolate Milk	Cook's Choice of Hot Sandwiches Potato Smiles California Veggie Blend Whole Fruit Swirl Brownie Milk	Taco in Soft Shell w/Lettuce & Tomato Cheesy Mexican Rice Golden Corn Fiesta Beans Fruit Cocktail Milk	Spice Chicken Sandwich or Breaded Pasta Alfredo Fresh Broccoli Fresh Banana Milk
2	3		4	5 6
Mandarin Chicken over Egg Noodles Stir Fry Veggies Egg Roll Chilled Peaches Milk	Hot Dog on a Bun w/Cheese & Chilli Potato Pancakes Fresh Green Peppers & Celery Stix Applesauce Cup Milk	Stuffed Breadstix w/Sauce Veggie of the Day WG Dinner Roll Assorted Fruits Milk	BBQ Rib on a Bun Potato Fries Peas Fresh Orange Chocolate Mousse Milk	Pizza - French Bread Golden Corn Treat Bag Fruit Cups Broccoli Milk
9	10	1	1	12 13
Bridger Burger French Fries Mixed Vegetables Applesauce Cup Milk	Nachos Supreme w/Salsa & Cheddar Cheese Mexican Rice Refried Beans Fresh Apple Milk	Penne Pasta & Meat Sauce Garlic Toast Cooked Broccoli Florets Peaches Assorted Jello Milk	Chicken Patty on WG Bun w/Lettuce & Tomato Tator Tots Oranges Green Beans Milk	Fish on a WG Bun Mac N Cheese (Side) Fresh Baby Carrots Whole Fruit Choices Milk
16	17	1:	8	19 20
Cheese Pizza Golden Com Treat Bag Fruit Cups Milk	Soft Taco & Chicken Golden Corn Salsa Fruit Cups Milk	Grilled Cheese Carrots w/Ranch Pretzels Peaches Milk	Meatball Sandwich on WG Roll w/Mozzarella Cheese Broccoli Florets Potato Choices Fresh Banana Milk	NO SCHOOL
23	24	2	5	26 27
NO SCHOOL	Popcorn Chicken Potato Wedges WG Breadsticks Cheesy Cauliflower Mandarin Craisin Cup Milk	NO SCHOOL	LAST DAY OF SCHOOL Cooks Choice of Entrees Veggies & Fruits Bread or Roll Milk	LOOKING FOR A LITTLE EXTRA CASH FLEXIBLE HOURS? Various part-time Food Service Opportuni- ties available this school year. Com- plete application at- www.ambridge.k12.pa.us Apply For All Clearances Act 34,151, 114 Email:jgaffney@ambridge.k12.pa.us with any concerns. *AASD is an equal opportunity provider
30	31	6/	1	