



**MAY 2022**  
**MIDDLE SCHOOL**  
**LUNCH MENU - CAFÉ STYLE**

Janet L. Gaffney, MS RD LDN  
 Food Service Director



<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Cheeseburger w/Lettuce & Tomato Green Beans Treat Bag Fruit Cup Milk  ALT: Italian Hoagie  <b>2</b>	Sloppy Joe on a Bun French Fries Carroteenies w/Ranch Pears au Chocolate Milk  ALT: Italian Hoagie  <b>3</b>	Cook's Choice of Hot Sandwiches Potato Smiles California Veggie Blend Whole Fruit Swirl Brownie Milk ALT: Italian Hoagie  <b>4</b>	Taco in Soft Shell w/Lettuce & Tomato Cheesy Mexican Rice Golden Corn Fiesta Beans Fruit Cocktail, Milk ALT: Italian Hoagie  <b>5</b>	Spice Chicken Sandwich or Breaded Pasta Alfredo Fresh Broccoli Fresh Banana Milk  ALT: Fish on a Bun  <b>6</b>
Mandarin Chicken over Egg Noodles Stir Fry Veggies Egg Roll Chilled Peaches Milk  ALT: Turkey & Cheese on a Bun  <b>9</b>	Hot Dog on a Bun w/Cheese & Chilli Potato Pancakes Fresh Green Peppers & Celery Stix Applesauce Cup Milk  ALT: Turkey & Cheese on a Bun  <b>10</b>	Stuffed Breadstix w/Sauce Veggie of the Day WG Dinner Roll Assorted Fruits Milk  ALT: Turkey & Cheese on a Bun  <b>11</b>	BBQ Rib on a Bun Potato Fries Peas Fresh Orange Chocolate Mousse Milk  ALT: Turkey & Cheese on a Bun  <b>12</b>	Pizza - French Bread Golden Corn Treat Bag Fruit Cups Broccoli Milk  ALT: Turkey & Cheese on a Bun  <b>13</b>
Bridger Burger French Fries Mixed Vegetables Applesauce Cup Milk  ALT: Ham & Cheese on a Bun  <b>16</b>	Nachos Supreme w/Salsa & Cheddar Cheese Mexican Rice Refried Beans Fresh Apple Milk  ALT: Ham & Cheese on a Bun  <b>17</b>	Penne Pasta & Meat Sauce Garlic Toast Cooked Broccoli Florets Peaches Assorted Jello Milk  ALT: Ham & Cheese on a Bun  <b>18</b>	Chicken Patty on WG Bun w/Lettuce & Tomato Tator Tots Oranges Green Beans Milk  ALT: Ham & Cheese on a Bun  <b>19</b>	Fish on a WG Bun Mac N Cheese (Side) Fresh Baby Carrots Whole Fruit Choices Milk  ALT: Ham & Cheese on a Bun  <b>20</b>
Cheese Pizza Golden Corn Treat Bag Fruit Cups Milk  ALT: American Hoagie  <b>23</b>	Soft Taco & Chicken Golden Corn Salsa Fruit Cups Milk  ALT: American Hoagie  <b>24</b>	Grilled Cheese Carrots w/Ranch Pretzels Peaches Milk  ALT: American Hoagie  <b>25</b>	Meatball Sandwich on WG Roll w/Mozzarella Cheese Broccoli Florets Potato Choices Fresh Banana Milk ALT: American Hoagie  <b>26</b>	<b>NO SCHOOL</b>    <b>27</b>
<b>NO SCHOOL</b>    <b>30</b>	Popcorn Chicken Potato Wedges WG Breadsticks Cheesy Cauliflower Mandarin Craisin Cup Milk  <b>31</b>	<b>NO SCHOOL</b>    <b>31</b>	<b>LAST DAY OF SCHOOL</b> Cook's Choice of Entrees Veggies & Fruits Bread or Roll Milk  <b>31</b>	<b>LOOKING FOR A LITTLE EXTRA CASH FLEXIBLE HOURS?</b> Various part-time Food Service Opportunities available this school year. Complete application at- <a href="http://www.ambridge.k12.pa.us">www.ambridge.k12.pa.us</a> Apply For All Clearances Act 34,151, 114 Email: <a href="mailto:jgaffney@ambridge.k12.pa.us">jgaffney@ambridge.k12.pa.us</a> with any concerns.  *AASD is an equal opportunity provider