



**SEPTEMBER 2022
HIGH SCHOOL
LUNCH MENU - CAFÉ STYLE**

LeighAnne Holman
Food Service Director



Monday	Tuesday	Wednesday	Thursday	Friday
LOOKING FOR A LITTLE EXTRA CASH FLEXIBLE HOURS? Various part-time Food Service Opportunities available this school year. Complete application at www.ambridge.k12.pa.us Apply For All Clearances Act 34,151, 114 *AASD is an equal opportunity provider			Cheeseburger on a Bun w/Lettuce & Tomato Tator Triangles Broccoli Spears Peachy/Pear Cup 2nd Fruit Choice Milk	Grilled Cheese w/Pickles WG Healthy Treat Bag Cucumber Vinagarette Tomato Soup Fresh Fruit Choices Milk
			1	2
LABOR DAY NO SCHOOL	Nacho Supreme w/Cheddar Cheese & Salsa Mexican Rice Refried Beans Veggie Juice Fresh Fruit Choices Milk	Penne Pasta & Meat Sauce Garlic Toast Cooked Broccoli Florets Tossed Salad Peach Cup Fresh Banana Milk	Chicken Patty on a WG Bun Tator Tots Cukes & Pepper Strips w/Ranch Orange Wedges Frozen Icy Fruit Treat Milk	Fish on a WG Bun Potato Wedges Fresh Baby Carrots Whole Fruit Choices Milk
5	6	7	8	9
Honey BBQ Rib on a Bun Rice Pilaf Peas & Carrots Fresh Veggies Applesauce Cup 2nd Fruit Choice Milk	Cheese or Pepperoni Pizza Romaine Salad Green Beans Fresh Fruit in Season Treat Bag Milk	Chicken French Fries Carrots w/Ranch Craisins Bridger Jello (Black Cherry) 100% Punch Juice Milk	Meatball Sandwich on a WG Roll w/Mozzarella Cheese Potato Smiles Fresh Fruit Fruit Juice Veggie Juice Milk	Macaroni & Cheese Broccoli Coleslaw WG Biscuit Chilled Pears Fresh Fruit Milk
12	13	14	15	16
Bridger Burger w/Lettuce & Tomato French Fries Mixed Vegetables Fresh Fruit Choices Milk	Popcorn Chicken Potato Wedges WG Breadsticks Steamed Broccoli Mandarin Craisin Cup 2nd Fruit Choice Milk	Pork Choppette w/Gravy Whipped Potatoes WG Breadsticks Steamed Broccoli Warm Cinnamon Apples 2nd Fruit Choice Milk	Chicken Parm on a Bun French Fries Carroteenies w/Ranch Dip Pears au Chocolate Milk	Pierogies w/Onion Butter Sauce Spinach Salad Garlic Toast Assorted Hot Veggies Seasonal Fruit Choices Milk
19	20	21	22	23
Stuffed Mozz Sticks w/Pizza Sauce Hash Brown Triangle Tossed Romaine Salad Applesauce Cup 2nd Fruit Choice Milk	Walking Taco w/Tortilla Chips w/Lettuce, Cheese & Salsa Golden Corn Strawberry Cup Assorted Mousse Cup Fruit Milk	Pulled Pork BBQ on a Bun French Fries Seasoned Broccoli Peachy Pear Cup 2nd Fruit Choice Milk	Rotini & Meatballs Fresh Veggie Stix w/Ranch Green Beans Soft Breadsticks Fresh Apple 2nd Fruit Choice Milk	Mexican Pizza Assorted Potatoes White Bean Salad or Fiesta Beans Fruit Cups Whole Fruit Frozen Treat Milk
26	27	28	29	30