



SEPTEMBER 2022
MIDDLE SCHOOL
LUNCH MENU - CAFÉ STYLE

LeighAnne Holman
Food Service Director



Monday	Tuesday	Wednesday	Thursday	Friday
LOOKING FOR A LITTLE EXTRA CASH FLEXIBLE HOURS? Various part-time Food Service Opportunities available this school year. Complete application at www.ambridge.k12.pa.us Apply For All Clearances Act 34,151, 114 *AASD is an equal opportunity provider			Cheeseburger on a Bun w/Lettuce & Tomato Tator Triangles Broccoli Spears Peachy/Pear Cup, 2nd Fruit Choice Milk ALT: Turkey & Cheese on a Bun	Grilled Chees w/Pickles WG Healthy Treat Bag Cucumber Vinagarette Tomato Soup Fresh Fruit Choices Milk ALT: Turkey & Cheese on a Bun
			1	2
LABOR DAY NO SCHOOL	Nacho Supreme w/Cheddar Cheese & Salsa Mexican Rice Refried Beans Veggie Juice Fresh Fruit Choices Milk ALT: Mini Italian Hoagie	Penne Pasta & Meat Sauce Garlic Toast Cooked Broccoli Florets Tossed Salad Peach Cup Fresh Banana Milk ALT: Mini Italian Hoagie	Chicken Patty on a WG Bun Tator Tots Cukes & Pepper Strips w/Ranch Orange Wedges Frozen Icy Fruit Treat Milk ALT: Mini Italian Hoagie	Fish on a WG Bun Potato Wedges Fresh Baby Carrots Whole Fruit Choices Milk ALT: Mini Italian Hoagie
5	6	7	8	9
Honey BBQ Rib on a Bun Rice Pilaf Peas & Carrots Fresh Veggies Applesauce Cup 2nd Fruit Choice Milk ALT: Turkey Ham & Swiss on a Bun	Cheese or Pepperoni Pizza Romaine Salad Green Beans Fresh Fruit in Season Treat Bag Milk ALT: Turkey Ham & Swiss on a Bun	Chicken French Fries Carrots w/Ranch Craisins Bridger Jello (Black Cherry) 100% Punch Juice Milk ALT: Turkey Ham & Swiss on a Bun	Meatball Sandwich on a WG Roll w/Mozzarella Cheese Potato Smiles Fresh Fruit Fruit Juice Veggie Juice Milk ALT: Turkey Ham & Swiss on a Bun	Macaroni & Cheese Broccoli Coleslaw WG Biscuit Chilled Pears Fresh Fruit Milk ALT: Turkey Ham & Swiss on a Bun
12	13	14	15	16
Bridger Burger w/Lettuce & Tomato French Fries Mixed Vegetables Fresh Fruit Choices Milk ALT: Ham & Cheddar on a Bun	Popcorn Chicken Potato Wedges WG Breadsticks Steamed Broccoli Mandarin Craisin Cup 2nd Fruit Choice, Milk ALT: Ham & Cheddar on a Bun	Pork Choppette w/Gravy Whipped Potatoes WG Breadsticks Steamed Broccoli Warm Cinnamon Apples 2nd Fruit Choice, Milk ALT: Ham & Cheddar on a Bun	Chicken Parm on a Bun French Fries Carroteenies w/Ranch Dip Pears au Chocolate Milk ALT: Ham & Cheddar on a Bun	Pierogies w/Onion Butter Sauce Spinach Salad Garlic Toast Assorted Hot Veggies Seasonal Fruit Choices Milk ALT: Ham & Cheddar on a Bun
19	20	21	22	23
Stuffed Mozz Sticks w/Pizza Sauce Hash Brown Triangle Tossed Romaine Salad Applesauce Cup 2nd Fruit Choice Milk ALT: Turkey, Salami Cheese on Bun	Walking Taco w/Tortilla Chips w/Lettuce, Cheese & Salsa Golden Corn Strawberry Cup Assorted Mousse Cup Fruit Milk ALT: Turkey, Salami Cheese on Bun	Pulled Pork BBQ on a Bun French Fries Seasoned Broccoli Peachy Pear Cup 2nd Fruit Choice Milk ALT: Turkey, Salami Cheese on a Bun	Rotini & Meatballs Fresh Veggie Stix w/Ranch Green Beans Soft Breadsticks Fresh Apple 2nd Fruit Choice Milk ALT: Turkey, Salami Cheese on a Bun	Mexican Pizza Assorted Potatoes White Bean Salad or Fiesta Beans Fruit Cups Whole Fruit Frozen Treat Milk ALT: Turkey, Salami Cheese on Bun
26	27	28	29	30