

MENU SUBJECT TO CHANGE

October 2022 HIGH SCHOOL LUNCH MENU-CAFÉ STYLE

Leigh Anne Holman Food Service Director



Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Tenders French Fries Corn Applesauce or Fresh Fruit Choice	NATIONAL TACO DAY Taco in Soft Shell W/ Lettuce and Shredded Cheese Mexican Rice Refried Beans Peaches or Fresh Fruit Choice Milk	Bridger Pizza Tossed salad Carrots Frozen Fruit Swirl or Fresh Fruit Choice Milk	Macaroni & Cheese Broccoli Fresh Veggies Mandarin Oranges or Fresh Fruit Choice Milk	Gyro on WG Pita w/ lettuce & onion Green Beans Pears or Fresh Fruit Choice Milk
Fresh Pepper Stripes w/ Ranch Pineapple Tidbits or Fresh Fruit Choice	Hot Dog on WG Bun w/ Chili & Cheese Smiley Fries Mixed Vegetable Pears or Fresh Fruit Choice Milk	Pork Chopette w/ Gravy Mashed Potatoes Peas & Carrots Vegetable Juice WG Dinner Roll Strawberry Cup or Fresh Fruit Choice Milk	Cheeseburger on WG Bun W/ Lettuce &Tomato Tater Tots Fresh Broccoli Spears 100% Fruit Punch or Fresh Fruit Choice Milk	Grilled Cheese w/ Pickles WG Healthy Treat Bag Tomato Soup Baby Carrots w/ Ranch Applesauce or Fresh Fruit Choice Milk
10	11	12	13	14
NATIONAL PASTA DAY Penne Pasta w/ Meat sauce WG Breadstick Romaine Salad Green Beans Pears or Fresh Fruit Choice Milk	Chicken Patty on WG Bun Tator Triangles Cukes & Pepper Strips w/ Ranch Frozen Icy Fruit or Fresh Fruit Choice Milk	Nacho Supreme W/ Cheddar Cheese & Salsa Mexi Corn Veggie juice Applesauce or Fresh Fruit Choice Milk	Stuffed Mozz Sticks w/ Pizza Sauce Tossed Salad Carrots Fruit Cup or Fresh Fruit Choice Milk	Fish Sandwich on WG Bun French Fries Coleslaw WG Dinner Roll Fruit Juice or Fresh Fruit Choice Milk
17	18	19	20	21
Bridger Burger w/ Lettuce & Tomato Potato Wedges Veggie of the Day Peaches or Fresh Fruit Choice Milk	Honey BBQ Rib Patty on WG Bun Potato Pancakes Peas & Carrots Fruit Cup or Fresh Fruit Choice Milk	Mexican Pizza Spinach Salad Green Beans Jello or Fresh Fruit Choice Milk	Meatball Sandwich on WG Roll w/ Mozzarella Cheese Potato Smiles Veggie Juice Pineapple Tidbits or Fresh Fruit Choice Milk	NO SCHOOL PROFESSIONAL DEVELOPMENT DAY
24	25	26	27	28
HAPPY HALLOWEEN Popcorn Chicken French Fries Carrots w/ Ranch Warm Cinnamon Apple Slices Or Fresh Fruit Choice Milk				