

MENU SUBJECT TO CHANGE

October 2022 K-5 Breakfast-Café Style

Leigh Anne Holman Food Service Director



Monday	Tuesday	Wednesday	Thursday	Friday
Apple Juice Muffin Top Mozz Cheese Stick Milk	Punch Juice Apple Slices Cinnamon Roll Yogurt Milk	Grape Juice Goody Ring WG Donut Hard Cooked Egg Milk	Citrus Blast Applesauce Cup—Peach or Cinnamon Bagel w/ Cream Cheese Milk	Breakfast Kits (include: 2 grains & Juice) Milk
3	4	5	6	7
Fresh Fruit Choice Choc Cream Filled Muffin Nutrigran Bar Milk	Orange Juice Blueberry Muffin Belly Bear grahams Milk	Fresh Apple Fruity Yogurt WG Benefit Bar Milk	Diced Pears Croissant w/ Butter & Jelly Goldfish Grahams Milk	Breakfast Kits (include: 2 grains & Juice) Milk
10	11	12	13	14
Orange Juice Apple Frudel Mozz String Cheese Milk	Fresh Banana Cereal Bar Goldfish Grahams Milk	Craisins Streusel Muffin Cake Upstate Yogurt Milk	Assorted Juice WG Poptart Nutrigran Bar Milk	Breakfast Kits (include: 2 grains & Juice) Milk
17	18	19	20	21
Punch Juice Assorted Grahams Coco-Cherry Bar Milk	Grape Juice Fruity Muffin Hard Cooked egg Milk	Berry Applesauce Cup Lemon or Cinnamon Burst Cooks Choice of 2nd Grain Milk	Blue Raz Juice Cherry Vanilla Yogurt Goody Man Donut Milk	NO SCHOOL PROFESSIONAL DEVELOPMENT DAY
HAPPY HALLOWEEN Orange Juice Booberry Muffin Belly Bear Grahams Milk	25	26	27	28
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