



MENU SUBJECT TO CHANGE

**October 2022**  
**MIDDLE SCHOOL**  
**LUNCH MENU-CAFÉ STYLE**

Leigh Anne Holman  
Food Service Director



Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Tenders French Fries Corn Applesauce or Fresh Fruit Choice  ALT: Turkey, Ham & Swiss on Bun  <b style="text-align: right;">3</b>	<b><u>NATIONAL TACO DAY</u></b> Taco in Soft Shell W/ lettuce and shredded cheese Mexican Rice Refried Beans Peaches or Fresh Fruit Choice Milk ALT: Turkey, Ham & Swiss on Bun  <b style="text-align: right;">4</b>	Bridger Pizza Tossed salad Carrots Frozen Fruit Swirl or Fresh Fruit Choice Milk  ALT: Turkey, Ham & Swiss on Bun  <b style="text-align: right;">5</b>	Macaroni & Cheese Broccoli Fresh Veggies Mandarin Oranges or Fresh Fruit Choice Milk  ALT: Turkey, Ham & Swiss on Bun  <b style="text-align: right;">6</b>	Gyro on WG Pita w/ lettuce & onion Green Beans Pears or Fresh Fruit Choice Milk  ALT: Turkey, Ham & Swiss on Bun  <b style="text-align: right;">7</b>
Mandarin Chicken over Egg Noodles Stir Fry Vegetables Fresh Pepper Stripes w/ Ranch Pineapple Tidbits or Fresh Fruit Choice Milk  ALT: Ham & Cheese on Bun  <b style="text-align: right;">10</b>	Hot Dog on WG Bun w/ Chili & Cheese Smiley Fries Mixed Vegetable Pears or Fresh Fruit Choice Milk  ALT: Ham & Cheese on Bun  <b style="text-align: right;">11</b>	Pork Chopette w/ Gravy Mashed Potatoes Corn Vegetable Juice WG Dinner Roll Mandarin Oranges or Fresh Fruit Choice Milk ALT: Ham & Cheese on Bun  <b style="text-align: right;">12</b>	Cheeseburger on WG Bun W/ Lettuce & Tomato Tater Tots Fresh Broccoli Spears 100% Fruit Punch or Fresh Fruit Choice Milk  ALT: Ham & Cheese on Bun  <b style="text-align: right;">13</b>	Grilled Cheese w/ Pickles WG Healthy Treat Bag Tomato Soup Baby Carrots w/ Ranch Applesauce or Fresh Fruit Choice Milk  <b style="text-align: right;">14</b>
<b><u>NATIONAL PASTA DAY</u></b> Penne Pasta w/ Meat sauce WG Breadstick Romaine Salad Green Beans Pears or Fresh Fruit Choice Milk ALT: Mini Italian Hoagie  <b style="text-align: right;">17</b>	Chicken Patty on WG Bun Tator Triangles Cukes & Pepper Strips w/ Ranch Frozen Icy Fruit or Fresh Fruit Choice Milk  ALT: Mini Italian Hoagie  <b style="text-align: right;">18</b>	Nacho Supreme W/ Cheddar Cheese & Salsa Mexi Corn Veggie juice Apple sauce or Fresh Fruit Choice Milk  ALT: Mini Italian Hoagie  <b style="text-align: right;">19</b>	Stuffed Mozz Sticks w/ Pizza Sauce Tossed Salad Carrots Fruit Cup or Fresh Fruit Choice Milk  ALT: Mini Italian Hoagie  <b style="text-align: right;">20</b>	Fish Sandwich on WG Bun French Fries Coleslaw WG Dinner Roll Fruit Juice or Fresh Fruit Choice Milk  ALT: Mini Italian Hoagie  <b style="text-align: right;">21</b>
Bridger Burger w/ Lettuce & Tomato Potato Wedges Veggie of the Day Peaches or Fresh Fruit Choice Milk ALT: Turkey & Cheese on Bun  <b style="text-align: right;">24</b>	Honey BBQ Rib Patty on WG Bun Potato Pancakes Peas & Carrots Fruit Cup or Fresh Fruit Choice Milk  ALT: Turkey & Cheese on Bun  <b style="text-align: right;">25</b>	Mexican Pizza Spinach Salad Green Beans Jello Or Fresh Fruit Choice Milk  ALT: Turkey & Cheese on Bun  <b style="text-align: right;">26</b>	Meatball Sandwich on WG Roll w/ Mozzarella Cheese Potato Smiles Veggie Juice Pineapple Tidbits or Fresh Fruit Choice Milk ALT: Turkey & Cheese on Bun  <b style="text-align: right;">27</b>	<b>NO SCHOOL PROFESSIONAL DEVELOPMENT DAY</b>
<b><u>HAPPY HALLOWEEN</u></b> Popcorn Chicken French Fries Carrots w/ Ranch Warm Cinnamon Apple Slices Or Fresh Fruit Choice Milk ALT: Ham & Cheddar on Bun  <b style="text-align: right;">31</b>				