



MENU SUBJECT TO CHANGE

**NOVEMBER 2022**  
**HIGH SCHOOL**  
**Lunch Café Style**

Leigh Anne Holman  
 Food Service Director



Monday	Tuesday	Wednesday	Thursday	Friday
	Pierogi's with Onion Butter Sauce Spinach Salad Green Beans Soft Pretzel Stick Pears or Fresh Fruit Choice Milk	Walking Taco w/ Tortilla Chips Lettuce , Cheese and Salsa Refried Beans Vegetable Juice Peaches or Fresh Fruit Choice Milk	Rotini w/Meat sauce WG Breadstick Tossed Salad Italian Blend Vegetable Strawberry Cup or Fresh Fruit Choice Milk	Buffalo Chicken Dip w/ WG Tortilla Chips Carrot or Celery Sticks Peas Fruit Cup or Fresh Fruit Choice Milk
		1	2	3
Teriyaki Chicken over Rice Stir-Fry Veggie Fresh Pepper Strips w/ Ranch WG Dinner Roll Pineapple Tidbits or Fresh Fruit Choice Milk	Bridger Pizza Romaine Salad California Blend Frozen Fruit Swirl or Fresh Fruit Choice Milk	Popcorn Chicken French Fries Carrots WG Bread Stick Frozen Fruit Swirl or Fresh Fruit Choice Milk	<b>Thanksgiving Lunch</b> Sliced Turkey w/ Gravy Stuffing Mashed Potatoes Corn Cranberry Sauce Pumpkin Mousse or Fresh Fruit Choice Milk	<b>NO SCHOOL VETERANS DAY</b>
7	8	9	10	11
Pork Chopette w/ Gravy Mashed Potatoes Peas WG Dinner Roll Mandarin Oranges or Fresh Fruit Choice Milk	Cheeseburger on WG Bun W/ Lettuce & Tomato Sweet Potato Fries Broccoli Florets 100% Fruit punch or Fresh Fruit Choice Milk	Chicken Tenders Potato Wedges Mixed Vegetables Fruit Cocktail or Fresh Fruit Choice Milk	Stuffed Mozz Sticks w/ Pizza Sauce Tossed Salad Carrots w/ Ranch Dressing Applesauce or Fresh Fruit Cup Milk	Hot Dog on WG Bun w/ Chili & Cheese Potato Smiles Baked Beans Pears or Fresh Fruit Choice Milk
14	15		17	18
Nacho Supreme w/ Cheddar Cheese & Salsa Mexican Rice Corn Veggie Juice Pineapple Tidbits or Fresh Fruit Choice Milk	<b>BREAKFAST FOR LUNCH</b> Cheese Omelet French Toast sticks Diced Breakfast Potatoes Carrot or Celery Sticks Apple Slices or Fresh Fruit Choice Milk	<b>NO SCHOOL</b>	<b>NO SCHOOL</b>	<b>NO SCHOOL</b>
21	22	23	24	25
	Mexican Pizza Spinach Salad Broccoli Florets Peaches or Fresh Fruit Choice Milk	Meatball Sandwich on WG Roll w/ Mozzarella Cheese Potato Smiles Green Beans Jello or Fresh Fruit Choice Milk		LOOKING FOR A LITTLE EXTRA CASH FLEXIBLE HOURS? Various part-time Food Service Opportunities available this school year. Complete application at <a href="http://www.ambridge.k12.pa.us">www.ambridge.k12.pa.us</a> Apply For All Clearances Act 34,151, 114 Email concerns: <a href="mailto:leighanne.holman@ambridge.k12.pa.us">leighanne.holman@ambridge.k12.pa.us</a>
<b>NO SCHOOL</b>	28	29	30	

