## NOVEMBER 2022

K-5
Leigh Anne Holman
MENU SUBJECT TO CHANGE
Food Service Director

| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
|  | Pierogi's with Onion Butter Sauce <br> Spinach Salad <br> Green Beans <br> Soft Pretzel Stick <br> Pears or Fresh Fruit Choice <br> Milk <br> ALT: Ham \& Cheddar on Bun | Walking Taco w/ Tortilla Chips <br> Lettuce, Cheese and Salsa <br> Refried Beans <br> Vegetable Juice <br> Peaches or Fresh Fruit Choice <br> Milk <br> ALT: Ham \& Cheddar on Bun | Rotini w/Meat sauce <br> WG Breadstick <br> Tossed Salad Italian Blend Vegetable Strawberry Cup or Fresh Fruit Choice Milk <br> ALT: Ham \& Cheddar on Bun | BBQ Grilled Chicken <br> Shredded Hashbrown Potatoes <br> Peas <br> WG Dinner Roll <br> Fruit Cup or Fresh Fruit Choice <br> Milk <br> ALT: Ham \& Cheddar on Bun |
| Teriyaki Chicken over Rice Stir-Fry Veggie Fresh Pepper Strips w/ Ranch WG Dinner Roll Pineapple Tidbits or Fresh Fruit Choice Milk <br> ALT: Chef Salad w/ Turkey | NO SCHOOL PARENT <br> TEACHER CONFERENCES | Popcorn Chicken <br> French Fries <br> Carrots <br> WG Bread Stick <br> Frozen Fruit Swirl or Fresh Fruit Choice <br> Milk <br> ALT: Chef Salad w/ Turkey | Thanksgiving Lunch <br> Sliced Turkey w/ Gravy <br> Stuffing <br> Mashed Potatoes <br> Corn <br> Cranberry Sauce <br> Pumpkin Mousse or Fresh Fruit Choice <br> Milk <br> ALT: Chef Salad w/ Turkey | NO SCHOOL VETERANS DAY |
| Pork Chopette w/ Gravy <br> Mashed Potatoes <br> Peas <br> WG Dinner Roll <br> Mandarin Oranges or Fresh Fruit Choice <br> Milk <br> ALT: Italian Hoagie | Cheeseburger on WG Bun <br> W/ Lettuce \& Tomato <br> Sweet Potato Fries <br> Broccoli Florets <br> 100\% Fruit punch or Fresh Fruit Choice <br> Milk <br> ALT: Italian Hoagie | Chicken Tenders <br> Potato Wedges <br> Mixed Vegetables <br> Fruit Cocktail or Fresh Fruit Choice Milk <br> ALT: Italian Hoagie | Stuffed Mozz Sticks w/ Pizza Sauce <br> Tossed Salad <br> Carrots w/ Ranch Dressing <br> Applesauce or Fresh Fruit Cup <br> Milk <br> ALT: Italian Hoagie | Hot Dog on WG Bun w/ Chili \& Cheese <br> Potato Smiles <br> Baked Beans <br> Pears or Fresh Fruit Choice <br> Milk <br> ALT: Italian Hoagie |
| Nacho Supreme <br> w/ Cheddar Cheese \& Salsa <br> Mexican Rice <br> Corn <br> Veggie Juice <br> Pineapple Tidbits or Fresh Fruit Choice <br> Milk <br> ALT: Turkey \& Cheese Wrap | BREAKFAST FOR LUNCH <br> Cheese Omelet <br> French Toast sticks <br> Diced Breakfast Potatoes <br> Carrot or Celery Sticks <br> Apple Slices or Fresh Fruit Choice <br> Milk <br> ALT: Turkey \& Cheese Wrap | NO SCHOOL | NO SCHOOL | NO SCHOOL |
| $\begin{gathered} \text { NO } \\ \text { SCHOOL } \end{gathered}$ $28$ | Mexican Pizza <br> Spinach Salad <br> Broccoli Florets <br> Peaches or Fresh Fruit Choice <br> Milk <br> ALT: Ham \& Swiss on WG Roll | Meatball Sandwich on WG Roll w/ Mozzarella Cheese <br> Potato Smiles <br> Green Beans Jello or Fresh Fruit Choice Milk <br> ALT: Ham \& Swiss on WG Roll |  | LOOKING FOR A LITTLE EXTRA CASH FLEXIBLE HOURS? <br> Various part-time Food Service <br> Opportunities available this school year. <br> Complete application at <br> www.ambridge.k12.pa.us <br> Apply For All Clearances Act 34,151, 114 <br> Email concerns: <br> leighanne.holman@ambridge.k12.pa.us |

