





MENU SUBJECT TO CHANGE

NOVEMBER 2022
MIDDLE SCHOOL
Lunch Café Style

Leigh Anne Holman
 Food Service Director



Monday	Tuesday	Wednesday	Thursday	Friday
	Pierogi's with Onion Butter Sauce Spinach Salad Green Beans Soft Pretzel Stick Pears or Fresh Fruit Choice Milk ALT: Hot Ham & Cheese on Bun	Hot Dog on WG Bun w/ Chili & Cheese Potato Smiles Baked Beans Mandarin Oranges or Fresh Fruit Choice Milk ALT: Hot Ham & Cheese on Bun	Penne Pasta w/Meat sauce WG Breadstick Tossed Salad Italian Blend Vegetable Strawberry Cup or Fresh Fruit Choice Milk ALT: Hot Ham & Cheese on Bun	Buffalo Chicken Dip w/ WG Tortilla Chips Carrot or Celery Sticks Peas Fruit Cup or Fresh Fruit Choice Milk ALT: Hot Ham & Cheese on Bun
Teriyaki Chicken over Rice Stir-Fry Veggie Fresh Pepper Strips w/ Ranch WG Dinner Roll Pineapple Tidbits or Fresh Fruit Choice Milk ALT: Chef Salad w/ Turkey	Bridger Pizza Romaine Salad California Blend Frozen Fruit Swirl or Fresh Fruit Choice Milk ALT: Chef Salad w/ Turkey	Popcorn Chicken French Fries Baby Carrots w/ Ranch WG Bread Stick Frozen Fruit Swirl or Fresh Fruit Choice Milk ALT: Chef Salad w/ Turkey	Thanksgiving Lunch Sliced Turkey w/ Gravy Stuffing Mashed Potatoes Corn Cranberry Sauce Pumpkin Mousse or Fresh Fruit Choice Milk ALT: Chef Salad w/ Turkey	NO SCHOOL VETERANS DAY
7	8	9	10	11
Pork Chopette w/ Gravy Mashed Potatoes Peas WG Dinner Roll Mandarin Oranges or Fresh Fruit Choice Milk ALT: Italian Hoagie	Cheeseburger on WG Bun W/ Lettuce & Tomato Sweet Potato Fries Broccoli Florets 100% Fruit punch or Fresh Fruit Choice Milk ALT: Italian Hoagie	Chicken Tenders Potato Wedges Mixed Vegetables Fruit Cocktail or Fresh Fruit Choice Milk ALT: Italian Hoagie	Stuffed Mozz Sticks w/ Pizza Sauce Tossed Salad Carrots w/ Ranch Dressing Applesauce or Fresh Fruit Cup Milk ALT: Italian Hoagie	Fish Sandwich on WG Bun Triangle Potatoes Coleslaw Pears or Fresh Fruit Choice Milk ALT: Italian Hoagie
14	15	16	17	18
Nacho Supreme w/ Cheddar Cheese & Salsa Mexican Rice Corn Veggie Juice Pineapple Tidbits or Fresh Fruit Choice Milk ALT: Turkey & Cheese Wrap	BREAKFAST FOR LUNCH Cheese Omelet French Toast sticks Diced Breakfast Potatoes Carrot or Celery Sticks Apple Slices or Fresh Fruit Choice Milk ALT: Turkey & Cheese Wrap	NO SCHOOL  Graphic Tag by Shannon @ www.momentsofinspiration.com	NO SCHOOL  Thanksgiving Blessings Scrap Kit by Designz By Shelly	NO SCHOOL
21	22	23	24	25
NO SCHOOL	Mexican Pizza Spinach Salad Broccoli Florets Peaches or Fresh Fruit Choice Milk ALT: Ham & Swiss on WG Roll	Meatball Sandwich on WG Roll w/ Mozzarella Cheese Potato Smiles Green Beans Jello or Fresh Fruit Choice Milk ALT: Ham & Swiss on WG Roll		LOOKING FOR A LITTLE EXTRA CASH FLEXIBLE HOURS? Various part-time Food Service Opportunities available this school year. Complete application at www.ambridge.k12.pa.us Apply For All Clearances Act 34,151, 114 Email concerns: leighanne.holman@ambridge.k12.pa.us
28	29	30		