

## JANUARY 2023 Middle School Lunch Café Style

Leigh Anne Holman Food Service Director



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Monday	Tuesday	Wednesday	Thursday	Friday
Teriyaki Chicken over Rice Stir Fry Vegetables Fresh Pepper Stripes w/ Ranch Pineapple Tidbits or Fresh Fruit Choice Milk ALT: Chef Salad w/ Turkey	Hot Dog on WG Bun w/ Chili & Cheese Potato Wedges Baked Beans Pears or Fresh Fruit Choice Milk ALT: Chef Salad w/ Turkey	Stuffed Mozz Sticks w/ Pizza Sauce Tossed Salad Broccoli Florets Fruit Cup or Fresh Fruit Choice Milk ALT: Chef Salad w/ Turkey	Cheeseburger on WG Bun W/ Lettuce &Tomato Tater Triangles Corn 100% Fruit Punch or Fresh Fruit Choice Milk ALT: Chef Salad w/ Turkey	Gyro on WG Pita w/ Lettuce & Cuke Sauce Baby Carrots w/ Ranch Applesauce or Fresh Fruit Choice Milk ALT: Chef Salad w/ Turkey
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Meatball Sandwich on WG Roll w/ Mozz Cheese Potato Smiles Romaine Salad Peaches or Fresh Fruit Choice Milk ALT: Egg & Cheese on WG Croissant 9	Nacho Supreme w/ Salsa & Cheddar Cheese Mex Rice Refried Beans Apple Slices or Fresh Fruit Choice Milk ALT: Egg & Cheese on WG Croissant 10	Penne Pasta w/ Meat Sauce WG Garlic Toast Italian Blend Cucumber Slices Frozen Fruit Swirl or Fresh Fruit Choice Milk ALT: Egg & Cheese on WG Croissant 11 Chicken Tenders French Fries	Pork Chopette w/ Gravy Mashed Potatoes	Macaroni &Cheese Pretzel Stick Broccoli Vegetable Juice Fruit Cocktail or Fresh Fruit Choice Milk ALT: Egg & Cheese on WG Croissan 1: Cheese or Pepperoni Pizza Healthy Treat Bags
NO SCHOOL MARTIN LUTHER KING, JR DAY 16	SCHOOL CLERICAL/ PROFESSIONAL DEVELOPMENT DAY 17	Three Bean Salad Pineapple Tidbits or Fresh Fruit Choice Milk ALT: Turkey & Cheddar Wrap	Peas WG Dinner Roll Applesauce or Fresh Fruit Choice Milk ALT: Turkey & Cheddar Wrap 19	Romaine Salad Mixed Vegetable Pears or Fresh Fruit Choice Milk ALT: Turkey & Cheddar Wrap 20
Walking Taco w/ WG Tortilla Chips Lettuce, Cheese & Salsa Corn Mandarin Oranges or Fresh Fruit Choice Milk Alt: Mini Corn Dog	Bridger Burger w/ Lettuce & Tomato Sweet Potato Fries Baked Beans Peaches or Fresh Fruit Choice Milk Alt: Mini Corn Dog	Popcorn Chicken Waffle Fries Carrots WG Breadsticks Strawberry Cup or Fresh Fruit Choice Milk Alt: Mini Corn Dog	BBQ Rib Patty on WG Bun Potato Pancakes Green Beans Chocolate Mousse or Fresh Fruit Choice Milk Alt: Mini Corn Dog	Pierogies w/ Onion Butter Sauce Tossed Salad WG Dinner Roll Broccoli 100% Fruit Punch or Fresh Fruit Choice Milk Alt: Mini Corn Dog
23	24	25	26	27
Buffalo Chicken Dipper w/ WG Tortilla Chips Carrot/Celery Sticks w/ Ranch	Mexican Pizza Spinach Salad Mexicom			LOOKING FOR A LITTLE EXTRA CASH FLEXIBLE HOURS? Various part-time Food Service Opportunities available this school year. Complete application at www.ambridge.kt2.pa.us
Peas Fruit Cocktail or Fresh Fruit Choice Milk ALT: Italian Hoagie	Jello Or Fresh Fruit Choice Milk ALT: Italian Hoagie			Apply For All Clearances Act 34,151, 114 Email concerns: leighanne.holman@ambridge.k12.pa.us