



MENU SUBJECT TO CHANGE

FEBRUARY 2023
Middle School
Lunch Café Style

Leigh Anne Holman
 Food Service Director



Monday	Tuesday	Wednesday	Thursday	Friday
		Philly Cheese Steak Hoagie w/Peppers & Onions Roasted Chickpeas Pears or Fresh Fruit Choice Milk ALT: Italian Hoagie	Cheese Ravioli Italian Green Beans Tossed Salad WG Bread Stick Fruit Cup or Fresh Fruit Choice Milk ALT: Italian Hoagie	Fish Sandwich French Fries Coleslaw Pineapple Tidbits or Fresh Fruit Choice Milk ALT: Italian Hoagie
		1	2	3
Pancakes with Sausage Tater Triangles Veggie Juice Warm Apple Slices or Fresh Fruit Choice Milk ALT: Chili w/ Crackers	Chicken Fajita on WG Tortilla w/ Cheddar Cheese, Peppers & Onions Corn & Black Bean Blend Mandarin Oranges or Fresh Fruit Choice Milk ALT: Chili w/ Crackers	Sloppy Joe on WG Bun Tater Tots Baby Carrots w/ Ranch Peaches or Fresh Fruit Choice Milk ALT: Chili w/ Crackers	Hot Turkey Sandwich w/ gravy Mashed Potatoes Peas Brownie 15g or Fresh Fruit Choice Milk ALT: Chili w/ Crackers	Cheese Pizza Romaine Salad Broccoli Florets Fruit Cocktail or Fresh Fruit Choice Milk ALT: Chili w/ Crackers
6	7	8	9	10
Mandarin Orange Chicken over Egg Noodles Stir Fry Vegetables Fresh Pepper Stripes w/ Ranch Pineapple Tidbits or Fresh Fruit Choice Milk ALT: Chef Salad w/ Turkey	Hot Dog on WG Bun w/ Chili & Cheese Potato Wedges Baked Beans Raspberry Jello or Fresh Fruit Choice Milk ALT: Chef Salad w/ Turkey	Stuffed Mozz Sticks w/ Pizza Sauce Tossed Salad Broccoli Florets Fruit Cup or Fresh Fruit Choice Milk ALT: Chef Salad w/ Turkey	Cheeseburger on WG Bun W/ Lettuce & Tomato Tater Triangles Corn 100% Fruit Punch or Fresh Fruit Choice Milk ALT: Chef Salad w/ Turkey	Gyro on WG Pita w/ Lettuce & Cuke Sauce Baby Carrots w/ Ranch Applesauce or Fresh Fruit Choice Milk ALT: Chef Salad w/ Turkey
13	14	15	16	17
NO SCHOOL	Nacho Supreme w/ Salsa & Cheddar Cheese Mex Rice Refried Beans Pears or Fresh Fruit Choice Milk ALT: Egg & Cheese on WG Croissant	Rotini w/ Meatballs WG Garlic Toast Italian Blend Cucumber Slices Frozen Fruit Swirl or Fresh Fruit Choice Milk ALT: Egg & Cheese on WG Croissant	Chicken Patty On WG Bun w/ Lettuce & Tomato Tater Tots Carrots Mandarin Oranges or Fresh Fruit Choice Milk ALT: Egg & Cheese on WG Croissant	Macaroni & Cheese Pretzel Stick Broccoli Vegetable Juice Fruit Cocktail or Fresh Fruit Choice Milk ALT: Egg & Cheese on WG Croissant
20	21	22	23	24
Chicken Tenders French Fries Three Bean Salad Peaches or Fresh Fruit Choice Milk ALT: Turkey & Cheddar Wrap	Pork Chopette w/ Gravy Mashed Potatoes Peas WG Dinner Roll Applesauce or Fresh Fruit Choice Milk ALT: Turkey & Cheddar Wrap			LOOKING FOR A LITTLE EXTRA CASH FLEXIBLE HOURS? Various part-time Food Service Opportunities available this school year. Complete application at www.ambridge.k12.pa.us Apply For All Clearances Act 34,151, 114 Email concerns: leighanne.holman@ambridge.k12.pa.us