

Leigh Anne Holman CDM, CFPP
 Food Service Director
Leighanne.Holman@ambridge.pa.us

- 2023 -

SEPTEMBER



FRIDAY



Breakfast Price:
Free (CEP)

1 Fresh Fruit Variety Breakfast Kits
 (Includes: 2 Grains, 100% Juice)
 Milk Choice

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

AASD K-5 BREAKFAST MENU

4 **NO SCHOOL**

Happy Labor Day

5 Fresh Fruit Variety
 Peaches
 Mini Donuts
 Milk Choice

6 Fresh Fruit Variety
 Blue Raspberry Raisins
 Mini French Toast
 Milk Choice

7 Fresh Fruit Variety
 Fruit Cup
 Zee Zee's Breakfast Bar
 Cheese Stick
 Milk Choice

8 Fresh Fruit Variety Breakfast Kits
 (Includes: 2 Grains, 100% Juice)
 Milk Choice

11 Fresh Fruit Variety
 Applesauce Cup
 Dunkin Sticks
 Milk Choice

12 Fresh Fruit Variety
 100% Fruit Punch
 Nutrigran Bar
 Birthday Cake Grahams
 Milk Choice

13 Fresh Fruit Variety
 Apple Slices
 Burst Bread Slice
 Milk Choice

14 Fresh Fruit Variety
 Pineapple Tidbits
 Cereal Cup (2oz)
 Hard Cooked Egg
 Milk Choice

15 Fresh Fruit Variety Breakfast Kits
 (Includes: 2 Grains, 100% Juice)
 Milk Choice

18 Fresh Fruit Variety
 Diced Cinnamon Apples
 Pop Tart
 Asst Grahams
 Milk Choice

19 Fresh Fruit Variety
 Craisins
 Mini Cinnamon Rolls
 Milk Choice

20 Fresh Fruit Variety
 Mandarin Oranges
 Zee Zee's Breakfast Bar
 Yogurt
 Milk Choice

21 Fresh Fruit Variety
 Apple Juice
 Blueberry Donut Holes
 Milk Choice

22 Fresh Fruit Variety Breakfast Kits
 (Includes: 2 Grains, 100% Juice)
 Milk Choice

25 Fresh Fruit Variety
 Strawberry Raisins
 Breakfast Round
 Milk Choice

26 Fresh Fruit Variety
 Apple Slices
 Chocolate Chip Mini Loaf
 French Toast Grahams
 Milk Choice

27 Fresh Fruit Variety
 Orange Juice
 Snack N Waffle
 Milk Choice

28 Fresh Fruit Variety
 Pear Cup
 Benefit Bar
 Milk Choice

29 Fresh Fruit Variety Breakfast Kits
 (Includes: 2 Grains, 100% Juice)
 Milk Choice

What Makes A Great Breakfast?
 Select 3 Components!

Be sure to choose between
 FRUIT OR FRUIT JUICE

LOOKING FOR A LITTLE EXTRA CASH,
 FLEXIBLE HOURS?
 Various part-time Food Service Opportunities
 available this school
 year. Scan QR Code to
 complete application
 and apply for all
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