

-2023-

AUGUST

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Lunch Price:
Free (CEP)

Leigh Anne Holman CDM, CFPP
Food Service Director
leighanne.holman@ambridge.k12.pa.us

MONDAY

AASD K-5 LUNCH MENU

What Makes a Lunch?
Select 3-5 Components

MILK GRAIN FRUIT PROTEIN VEGGIE

One must be a
FRUIT OR VEGGIE

LOOKING FOR A LITTLE EXTRA CASH,
FLEXIBLE HOURS?
Various part-time Food Service Opportunities
available this school
year. Scan QR Code
to complete
application and apply
for all clearances Act
34,151,114

© 2022 Simply Good Food, LLC

WELCOME BACK!

	1	2	3	4
7	8	9	10	11
14	15	16	18	
21	22	23	24	25
28	29	30	31	

23 Mandarin Orange Chicken
Over WW Egg Noodles
Stir Fry Vegetables
WG Dinner Roll
Fresh Pepper Stripes w/ Ranch
Pineapple Tidbits or Fresh Fruit Choice
Milk

ALT: Italian Hoacie on WG Roll

24 Cheeseburger on WG Bun
W/ Lettuce & Tomato
Lentil Pasta Salad
Corn
100% Fruit Punch or Fresh Fruit
Choice
Milk

ALT: Italian Hoagie on WG Roll

25 Grilled Cheese w/ Pickles
Healthy Treat Bag
Tomato Soup
Baby Carrots w/ Ranch
Applesauce or Fresh Fruit Choice
Milk

ALT: Italian Hoagie on WG Roll

28 Chicken Patty on WG Bun
w/ Lettuce & Tomato
French Fries
Carrots
Mandarin Oranges or Fresh Fruit Choice
Milk

ALT: Chef Salad w/ Turkey

29 Nacho Supreme
w/ Lettuce, Cheese & Salsa
Mex Rice
Refried Beans
Apple Slices or Fresh Fruit Choice
Milk

ALT: Chef Salad w/ Turkey

30 Shredded Beef & Cheddar
on WG Bun
Curly Fries
Fresh Broccoli Florets w/ Ranch
Applesauce or Fresh Fruit Choice
Milk

ALT: Chef Salad w/ Turkey

31 Chicken Fajita on WG Tortilla
w/ Cheddar Cheese, Peppers & Onions
Corn & Black Bean Salad
Peas
Pears or Fresh Fruit Choice
Milk

ALT: Chef Salad w/ Turkey

Choose **MyPlate**.gov