

- 2023 -

SEPTEMBER

FRIDAY

Leigh Anne Holman CDM, CFPP
Food Service Director
Leighanne.holman@ambridge-pa.us



Lunch Price:
Free (CEP)



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

1 Penne Pasta w/ Meat Sauce
WG Garlic Toast
Italian Blend
Cucumber Slices
Frozen Fruit Swirl or Fresh Fruit Choice
Milk
ALT: Chef Salad w/Turkey

AASD K-5 LUNCH MENU

4 **NO SCHOOL**

5 Mini Corn Dog
WG Pasta Alfredo
Broccoli Florets
Cucumber Slices
WG Cookie or Fresh Fruit Choice
Milk
ALT: Egg & Cheese on Croissant

6 Chicken Nuggets
Potato Smiles
Peas
Fruit Cocktail or Fresh Fruit Choice
Milk
ALT: Egg & Cheese on Croissant

7 Cheese or Pepperoni Pizza
Healthy Treat Bags
Tossed Salad
Mixed Vegetable
Peaches or Fresh Fruit Choice
Milk
ALT: Egg & Cheese on Croissant

8 BBQ Rib Patty on WG Bun
Potato Pancakes
Baked Beans
Mousse or Fresh Fruit Choice
Milk
ALT: Egg & Cheese on Croissant

11 Walking Taco w/ WG Tortilla Chips
Lettuce, Cheese & Salsa
Refried Beans
Green Beans
Mandarin Oranges or Fresh Fruit Choice
Milk
ALT: Ham & Cheese on WG Bun

12 Meatball Sandwich on WG Roll
w/ Mozz Cheese
Potato Smiles
Romaine Salad
Pears or Fresh Fruit Choice
Milk
ALT: Ham & Cheese on WG Bun

13 Hot Turkey Sandwich
Mashed Potatoes w/ Gravy
Carrots
100% Fruit Punch or Fresh Fruit Choice
Milk
ALT: Ham & Cheese on WG Bun

14 Mexican Pizza
Spinach Salad
Mexicorn
Pineapple Tidbits or Fresh Fruit Choice
Milk
ALT: Ham & Cheese on WG Bun

15 Cheese Ravioli
Italian Green Beans
Tossed Salad
WG Bread Stick
Fruit Cup or Fresh Fruit Choice
Milk
ALT: Ham & Cheese on WG Bun

What Makes a Lunch?
Select 3-5 Components

One must be a
FRUIT OR **VEGGIE**

18 WG Pancakes with Sausage
Carrot/ Celery Sticks w/ Ranch
Vegetable Juice
Warm Cinnamon Apple Slices or
Fresh Fruit Choice
Milk
ALT: Buffalo Chicken Dipper
w/ WG Tortilla Chips

19 Bridger Burger on WG Bun
w/ Lettuce & Tomato
Sweet Potato Fries
Lentil Pasta Salad
Gelatin or Fresh Fruit Choice
Milk
ALT: Buffalo Chicken Dipper
w/ WG Tortilla Chips

20 Pork Chopette w/ Gravy
Mashed Potatoes
Peas
WG Dinner Roll
Peaches or Fresh Fruit Choice
Milk
ALT: Buffalo Chicken Dipper
w/ WG Tortilla Chips

21 Chicken Tenders
Potato Wedges
Green Beans
Mandarin Oranges or Fresh Fruit Choice
Milk
ALT: Buffalo Chicken Dipper
w/ WG Tortilla Chips

22 Stuffed Mozz Sticks w/ Pizza
Sauce
Spinach Salad
Italian Blend
Fruit Cup or Fresh Fruit Choice
Milk
ALT: Buffalo Chicken Dipper
w/ WG Tortilla Chips

FLEXIBLE HOURS? LOOKING FOR A LITTLE EXTRA CASH Various part-time Food Service Opportunities available this school year. Scan QR Code to complete application and apply for all clearances Act 34,151,114



25 Beef or Chicken Taco on WG Tortilla
With Lettuce, Cheese, & Salsa
Corn
Carrot Sticks w/ Ranch
Pineapple Tidbits or Fresh Fruit Choice
Milk
ALT: Turkey & Cheddar Wrap

26 Popcorn Chicken
Waffle Fries
Cauliflower
WG Breadsticks
Strawberry Cup or Fresh Fruit Choice
Milk
ALT: Turkey & Cheddar Wrap

27 Cheese or Pepperoni Pizza
Healthy Treat Bags
Tossed Salad
Mixed Vegetable
Peaches or Fresh Fruit Choice
Milk
ALT: Turkey & Cheddar Wrap

28 Hot Dog on WG Bun w/
Chili & Cheese
Baked Beans
Cucumber Tomato Salad
Frozen Fruit Swirl or Fresh Fruit Choice
Milk
ALT: Turkey & Cheddar Wrap

29 Macaroni & Cheese
Peas
Fresh Broccoli w/ Ranch
WG Dinner Roll
Fruit Cocktail or Fresh Fruit Choice
Milk
ALT: Turkey & Cheddar Wrap