

- 2023 -

SEPTEMBER

FRIDAY



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Lunch Price:

Free (CEP)

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

AASD MIDDLE SCHOOL LUNCH MENU

DAILY LUNCH ITEMS

GARDEN SALAD

DELI SANDWICH OF THE DAY

PIZZA -FRIDAY ONLY

What Makes a Lunch?

Select 3-5 Components



FLEXIBLE HOURS? LOOKING FOR A LITTLE EXTRA CASH. Various part-time Food Service

Opportunities available this school year. Scan QR Code to complete application and apply for all clearances Act



4

NO SCHOOL



5

Mini Corn Dog
WG Pasta Alfredo
Broccoli Florets
Cucumber Slices
WG Cookie or Fresh Fruit Choice
Milk

6

Chicken Nuggets
Potato Smiles
Peas
Fruit Cocktail or Fresh Fruit Choice
Milk

7

Cheese or Pepperoni Pizza
Healthy Treat Bags
Tossed Salad
Mixed Vegetable
Peaches or Fresh Fruit Choice
Milk

1

Penne Pasta w/ Meat Sauce
WG Garlic Toast
Italian Blend
Cucumber Slices
Frozen Fruit Swirl or Fresh Fruit Choice
Milk

11

Walking Taco w/ WG Tortilla Chips
Lettuce, Cheese & Salsa
Refried Beans
Green Beans
Mandarin Oranges or Fresh Fruit Choice
Milk

12

Meatball Sandwich on WG Roll
w/ Mozz Cheese
Potato Smiles
Romaine Salad
Pears or Fresh Fruit Choice
Milk

13

Hot Turkey Sandwich
Mashed Potatoes w/ Gravy
Carrots
100% Fruit Punch or Fresh Fruit Choice
Milk

14

Mexican Pizza
Spinach Salad
Mexicom
Pineapple Tidbits or Fresh Fruit Choice
Milk

15

Cheese Ravioli
Italian Green Beans
Tossed Salad
WG Bread Stick
Fruit Cup or Fresh Fruit Choice
Milk

18

WG Pancakes with Sausage
Carrot/ Celery Sticks w/ Ranch
Vegetable Juice
Warm Cinnamon Apple Slices or
Fresh Fruit Choice
Milk

19

Bridger Burger on WG Bun
w/ Lettuce & Tomato
Sweet Potato Fries
Lentil Pasta Salad
Gelatin or Fresh Fruit Choice
Milk

20

Pork Chopette w/ Gravy
Mashed Potatoes
Peas
WG Dinner Roll
Peaches or Fresh Fruit Choice

21

Chicken Tenders
Potato Wedges
Green Beans
Mandarin Oranges or Fresh Fruit Choice
Milk

22

Stuffed Mozz Sticks w/ Pizza
Sauce
Spinach Salad
Italian Blend
Fruit Cup or Fresh Fruit Choice
Milk

25

Beef or Chicken Taco on WG Tortilla
With Lettuce, Cheese, & Salsa
Corn
Carrot Sticks w/ Ranch
Pineapple Tidbits or Fresh Fruit Choice
Milk

26

Popcorn Chicken
Waffle Fries
Cauliflower
WG Breadsticks
Strawberry Cup or Fresh Fruit Choice
Milk

27

Cheese or Pepperoni Pizza
Healthy Treat Bags
Tossed Salad
Mixed Vegetable
Peaches or Fresh Fruit Choice
Milk

28

Hot Dog on WG Bun w/
Chili & Cheese
Baked Beans
Cucumber Tomato Salad
Frozen Fruit Swirl or Fresh Fruit Choice
Milk

29

Macaroni & Cheese
Peas
Fresh Broccoli Florets w/ Ranch
WG Dinner Roll
Fruit Cocktail or Fresh Fruit Choice
Milk