

Lunch Price: Free (CEP)

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

AASD LUNCH MENU



NATIONAL SCHOOL LUNCH WEEK

OCTOBER 9-13, 2023

What Makes a Lunch? Select 3-5 Components FRUIT PROTEIN One must be a FRUIT VEGGIE

LOOKING FOR A LITTLE EXTRA CASH. FLEXIBLE HOURS?

Various part-time Food Service Opportunities available this school year. Scan QR Code to complete application and apply for all clearances Act 34,151,114



Sloppy Joe on WG Bun

MONDAY

Tater Tots Green Beans Peaches or Fresh Fruit Choice Milk

ALT: Turkey, ham & Swiss on WG Bun

Chicken Patty on WG Bun

w/ Lettuce & Tomato

Curly Fries

Carrots

Milk

ALT: Pulled Pork on WG Bun

Mandarin Oranges or Fresh Fruit Choice

Mandarin Orange Chicken over Egg Noodles Stir Fry Vegetables

WG Dinner Roll Fresh Pepper Stripes w/ Ranch WG Cookie or Fresh Fruit Choice

ALT: Turkey, ham & Swiss on WG Bun

Cheeseburger on WG Bun

W/ Lettuce &Tomato Lentil Pasta Salad Corn

100% Fruit Punch or Fresh Fruit Choice Milk

ALT: Turkey, ham & Swiss on WG Bun

Boneless Chicken Wing

Celery Sticks w/ Ranch Peas Pears or Fresh Fruit Choice

Milk

ALT: Turkey, ham & Swiss on WG Bun

Grilled Cheese w/ Pickles

Emoii Grahams

Tomato Soup Baby Carrots w/ Ranch

Applesauce or Fresh Fruit Choice

ALT: Turkey, ham & Swiss on WG Bun

WORLD SMILE DAY

Chicken Nuggets

Potato Smiles WG Dinner Roll Cauliflower w/ Cheese Fruit Cocktail or Fresh Fruit Choice Milk

ALT: Italian Hoagie

Nacho Supreme

w/ Lettuce, Cheese & Salsa Mex Rice

Refried Beans Pears or Fresh Fruit Choice Milk

ALT: Pulled Pork on WG Bun

Open Faced Hot Rost Beef on WG Bread

French Fries Fresh Broccoli Florets w/ Ranch Mousse or Fresh Fruit Choice

ALT: Pulled Pork on WG Bun

Chicken Fajita on WG Tortilla

w/ Cheddar Cheese, Peppers & Onions Corn & Black Bean Salad Peas

Apple Slices or Fresh Fruit Choice

ALT: Pulled Pork on WG Bun

Penne Pasta w/ Meat Sauce

WG Garlic Toast Italian Blend

Cucumber Slices Frozen Fruit Swirl or Fresh Fruit Choice Milk

ALT: Pulled Pork on WG Bun

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Mini Corn Dog

WG Pasta Alfredo Broccoli Florets **Cucumber Slices** Pineapple Tidbits or Fresh Fruit Choice

ALT: Italian Hoagie

Cheese or Pepperoni Pizza

Healthy Treat Bags **Tossed Salad** Corn Peaches or Fresh Fruit Choice

ALT: Italian Hoagie

BBQ Rib Patty on WG Bun

Potato Pancakes **Baked Beans** Applesauce or Fresh Fruit Choice Milk

ALT: Italian Hoagie

20Pierogies w/ Onion Butter Sauce

Tossed Salad Carrots WG Pretzel Stick

Strawberry Cup or Fresh Fruit Choice Milk

ALT: Italian Hoagie

23 Walking Taco w/ WG Tortilla Chips

Lettuce Cheese & Salsa Refried Beans Green Beans Mandarin Oranges or Fresh Fruit Choice Milk

ALT: Chili w/ Fritos

Meatball Sandwich on VG Roll w/ Mozz Cheese

Potato Smiles Romaine Salad Pears or Fresh Fruit Choice Milk

ALT: Chili w/ Fritos

Hot Turkey Sandwich

Mashed Potatoes w/ Gravv Carrots 100% Fruit Punch or Fresh Fruit Choice

ALT: Chili w/ Fritos

TWO HOUR DELAY 26

Mexican Pizza Spinach Salad

Mexicorn Pineapple Tidbits or Fresh Fruit Choice Milk

ALT: Chili w/ Fritos

NO SCHOOL **FULL PROFESIONAL DEVELOPMENT DAY**

WG Pancakes with Sausage

Veggie Juice Carrot/ Celery Sticks w/ Ranch Warm Cinnamon Apple Slices or Fresh Fruit Choice

ALT: Chef Salad w/ Turkey ALT: Chef Salad w/ Turkey

31 HAPPY HALLOWEEN

Boo Burger on WG Bun w/ Lettuce & Tomato

Scary Sweet Potato Fries Creepy Lentil Pasta Salad Ghoul Orange Gelatin or Fresh Fruit Choice





Any questions regarding menus, student meal accounts, snacks, allergens, etc. should be directed to:

Leigh Anne Holman CDM, CFPP **Food Service Director** 724-266-2833 ext. 2395

leighanne.holman@ambridge.k12.pa.us

This institution is an equal opportunity provider. Menu is subject to change. A variety of milk is offered each day.