



Lunch Price:
Free (CEP)

- 2023 -

NOVEMBER

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MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

AASD MIDDLE SCHOOL LUNCH MENU

DAILY LUNCH ITEMS

GARDEN SALAD
DELI SANDWICH
GRAB N GO LUNCHES
PIZZA-FRIDAY ONLY

MILK OFFERED DAILY: low fat white,
vanilla, chocolate, strawberry. &
nonfat white

What Makes a Lunch?

Select 3-5 Components



One must be a



LOOKING FOR A LITTLE EXTRA CASH, FLEXIBLE HOURS?

Various part-time Food Service Opportunities available this school year. Scan QR Code to complete application and apply for all clearances Act 34,151,114



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6
Popcorn Chicken
Waffle Fries
Carrots
WG Breadsticks
Pears or Fresh Fruit Choice
Milk

7
Beef or Chicken Taco on WG Tortilla
With Lettuce, Cheese, and Salsa
Corn
Cauliflower
Pineapple Tidbits or Fresh Fruit Choice
Milk

8
Hot Dog on WG Bun w/ Chili & Cheese
Baked Beans
Cucumber Tomato Salad
Frozen Fruit Swirl or Fresh Fruit Choice
Milk

9
Cheese or Pepperoni Pizza
Healthy Treat Bags
Tossed Salad
Mixed Vegetable
Peaches or Fresh Fruit Choice
Milk

10
NO SCHOOL

13
Sloppy Joe on WG Bun
Tater Tots
Green Beans
Peaches or Fresh Fruit Choice
Milk

14
Teriyaki Chicken Fried Brown Rice
Stir Fry Vegetables
Egg Roll
Fresh Pepper Stripes w/ Ranch
WG Cookie or Fresh Fruit Choice
Milk

15
Cheeseburger on WG Bun
W/ Lettuce & Tomato
Lentil Pasta Salad
Peas
100% Fruit Punch or Fresh Fruit Choice
Milk

16 **THANKSGIVING LUNCH**
Sliced Turkey w/ Gravy
Mashed Potatoes
Stuffing
Corn
Cranberry Sauce
Turkey Pretzel
Pumpkin Mousse or Fresh Fruit Choice
Milk

17
Grilled Cheese w/ Pickles
Healthy Treat Bag
Tomato Soup
Baby Carrots w/ Ranch
Applesauce or Fresh Fruit Choice
Milk

20
Nacho Supreme
w/ Lettuce, Cheese & Salsa
Mex Rice
Refried Beans
Apple Slices or Fresh Fruit Choice
Milk

21
Chicken Patty on WG Bun
w/ Lettuce & Tomato
French Fries
Carrots
Orange/Lime Swirl Cup or Fresh Fruit Choice
Milk

22

NO SCHOOL

23

NO SCHOOL

24

NO SCHOOL

27
NO SCHOOL

28
Chicken Nuggets
Potato Smiles
WG Dinner Roll
Cauliflower w/ Cheese
Fruit Cocktail or Fresh Fruit Choice
Milk

29
Cheese or Pepperoni Pizza
Healthy Treat Bags
Tossed Salad
Corn
Peaches or Fresh Fruit Choice
Milk

30
BBQ Rib Patty on WG Bun
Potato Pancakes
Baked Beans
Applesauce or Fresh Fruit Choice
Milk

