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- 2024 -

FEBRUARY



Lunch Price:
Free (CEP)

AASD MIDDLE SCHOOL LUNCH MENU

DAILY LUNCH ITEMS

- GARDEN SALAD
- DELI SANDWICH
- GRAB N GO LUNCHES
- PIZZA- FRIDAY ONLY

MILK OFFERED DAILY: low fat white, vanilla, chocolate, strawberry. & nonfat white

What Makes a Lunch?
 Select 3-5 Components

MILK GRAIN MEAT/EGG/DAIRY
 FRUIT PROTEIN

One must be a
 FRUIT OR VEGGIE

LOOKING FOR A LITTLE EXTRA CASH, FLEXIBLE HOURS? Various part-time Food Service Opportunities available this school year. Scan QR Code to complete application and apply for all clearances Act 34,151,114



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MONDAY

5
Popcorn Chicken
 Waffle Fries
 Carrots
 WG Breadsticks
 Pears or Fresh Fruit Choice
 Milk

12
Nacho Supreme
 w/ Lettuce, Cheese & Salsa
 Mex Rice
 Refried Beans
 Apple Slices or Fresh Fruit Choice
 Milk

19
NO SCHOOL

26
Chicken Nuggets
 Potato Smiles
 WG Dinner Roll
 Cauliflower w/ Cheese
 Fruit Cocktail or Fresh Fruit Choice
 Milk

TUESDAY

6
Beef or Chicken Taco on WG Tortilla
 w/ Lettuce, Cheese, and Salsa
 Corn
 Cauliflower
 Pineapple Tidbits or Fresh Fruit Choice

13
Teriyaki Chicken
 Fried Rice
 Stir Fry Vegetables
 WG Egg Roll
 Fresh Pepper Stripes w/ Ranch
 Pears or Fresh Fruit Choice
 Milk

20
Chicken Patty on WG Bun
 w/ Lettuce & Tomato
 French Fries
 Carrots
 Mandarin Oranges or Fresh Fruit Choice
 Milk

27
Mini Corn Dog
 WG Pasta Alfredo
 Broccoli Florets
 Cucumber Slices
 Apple Slices or Fresh Fruit Choice
 Milk

WEDNESDAY

7
Cheese or Pepperoni Pizza
 Healthy Treat Bags
 Tossed Salad
 Mixed Vegetable
 Peaches or Fresh Fruit Choice
 Milk

14
Buffalo Chicken Dipper w/ WG Tortilla Chips
 Celery Sticks w/ Ranch
 Peas
 Dinner Roll
 WG Heart Cookie or Fresh Fruit Choice
 Milk

21
Open Faced Hot Roast Beef on WG Bread
 Mashed Potatoes
 Fresh Broccoli Florets w/ Ranch
 Mousse or Fresh Fruit Choice
 Milk

28
Cheese or Pepperoni Pizza
 Healthy Treat Bags
 Tossed Salad
 Corn
 Peaches or Fresh Fruit Choice
 Milk

THURSDAY

1
Chicken Tenders
 Potato Wedges
 Green Beans
 Mandarin Oranges or Fresh Fruit Choice
 Milk

8
Hot Dog on WG Bun w/ Chili & Cheese
 Baked Beans
 Cucumber Tomato Salad
 Frozen Cherry Fruit Cup or Fresh Fruit Choice
 Milk

15
Cheeseburger on WG Bun
 W/ Lettuce & Tomato
 Lentil Pasta Salad
 Corn
 100% Fruit Punch or Fresh Fruit Choice
 Milk

22
Chicken Fajita on WG Tortilla
 w/ Cheddar Cheese, Peppers & Onions
 Corn & Black Bean Salad
 Peas
 Pineapple Tidbits or Fresh Fruit Choice
 Milk

29
BBQ Rib Patty on WG Bun
 Potato Pancakes
 Baked Beans
 Applesauce or Fresh Fruit Choice
 Milk

FRIDAY

2
Stuffed Mozz Sticks w/ Pizza Sauce
 Spinach Salad
 Italian Blend
 Strawberry Cup or Fresh Fruit Choice
 Milk

9
Macaroni & Cheese
 Peas
 Fresh Broccoli Florets w/ Ranch
 WG Heart Shaped Soft Pretzel
 Fruit Cocktail or Fresh Fruit Choice
 Milk

16
Grilled Cheese w/ Pickles
 Tomato Soup
 Baby Carrots w/ Ranch
 Applesauce or Fresh Fruit Choice
 Milk

23
Penne Pasta w/ Meatballs
 WG Garlic Toast
 Italian Blend
 Cucumber Slices
 Frozen Fruit Swirl or Fresh Fruit Choice
 Milk

