

- 2024 -
MAY



Lunch Price:
Free (CEP)

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WEDNESDAY

THURSDAY

FRIDAY

**AASD
HIGH SCHOOL
LUNCH MENU**

DAILY LUNCH ITEMS

SALAD BAR

MTO DELI

PIZZA

GRAB N GO LUNCHES

MILK OFFERED DAILY: low fat white,
vanilla, chocolate, strawberry. &
nonfat white

What Makes a Lunch?

Select 3-5 Components



One must be a



MONDAY

TUESDAY

6 **Nacho Supreme**
w/ Lettuce, Cheese & Salsa
Mex Rice
Refried Beans
Apple Slices or Fresh Fruit Choice
Milk

7 **Mandarin Orange Chicken**
over Egg Noodles
Stir Fry Vegetables
WG Dinner Roll
Fresh Pepper Stripes w/ Ranch
WG Cookie or Fresh Fruit Choice
Milk

13 **Cheeseburger on WG Bun**
W/ Lettuce & Tomato
Lentil Pasta Salad
Corn
100% Fruit Punch or Fresh Fruit Choice
Milk

14 **Cooks Choice of Entrée**
Cooked Vegetable
Fresh Vegetables
Assorted Fruit
Milk

20 **Chicken Nuggets**
Potato Smiles
WG Dinner Roll
Cauliflower w/ Cheese
Fruit Cocktail or Fresh Fruit Choice
Milk

21 **Cooks Choice of Entrée**
Cooked Vegetable
Fresh Vegetables
Assorted Fruit
Milk

27 **NO SCHOOL
HAPPY MEMORIAL
DAY**

28 **NO SCHOOL
KENNYWOOD**

1 **Cheese or Pepperoni Pizza**
Healthy Treat Bags
Tossed Salad
Mixed Vegetable
Peaches or Fresh Fruit Choice
Milk

8 **Cooks Choice of Entrée**
Cooked Vegetable
Fresh Vegetables
Assorted Fruit
Milk

15 **Chicken Patty on WG Bun**
w/ Lettuce & Tomato
French Fries
Carrots
Mandarin Oranges or Fresh Fruit Choice
Milk

22 **Cheese or Pepperoni Pizza**
Healthy Treat Bags
Tossed Salad
Corn
Peaches or Fresh Fruit Choice
Milk

29 **Cooks Choice of Entrée**
Cooked Vegetable
Fresh Vegetables
Assorted Fruit
Milk

2 **Hot Dog on WG Bun w/
Chili & Cheese**
Baked Beans
Cucumber Tomato Salad
Frozen Fruit Swirl or Fresh Fruit Choice
Milk

9 **Buffalo Chicken Dipper w/
WG Tortilla Chips**
Celery Sticks w/ Ranch
Peas
Pears or Fresh Fruit Choice
Milk

16 **Chicken Fajita on WG Tortilla**
w/ Cheddar Cheese, Peppers & Onions
Corn & Black Bean Salad
Peas
Pineapple Tidbits or Fresh Fruit Choice
Milk

23 **BBQ Rib Patty on WG Bun**
Potato Pancakes
Baked Beans
Applesauce or Fresh Fruit Choice
Milk

30 **Cooks Choice of Entrée**
Cooked Vegetable
Fresh Vegetables
Assorted Fruit
Milk

3 **Macaroni & Cheese**
Peas
Fresh Broccoli Florets w/ Ranch
WG Dinner Roll
Fruit Cocktail or Fresh Fruit Choice
Milk

10 **Gryo w/ Lettuce & Onion**
On WG Tortilla
Tomato Soup
Baby Carrots w/ Ranch
Applesauce or Fresh Fruit Choice
Milk

17 **Penne Pasta w/ Meat Sauce**
WG Garlic Bread
Italian Blend
Cucumber Slices
Frozen Fruit Swirl or Fresh Fruit Choice
Milk

24 **Pierogies w/ Onion Butter Sauce**
Tossed Salad
Carrots
WG Pretzel Stick
Pears or Fresh Fruit Choice
Milk

31 **Cooks Choice of Entrée**
Cooked Vegetable
Fresh Vegetables
Assorted Fruit
Milk

