

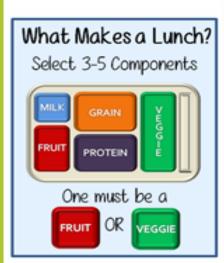
Lunch Price: Free (CEP)

# AASD MIDDLE SCHOOL LUNCH MENU

#### **DAILY LUNCH ITEMS**

GARDEN SALAD DELI SANDWICH GRAB N GO LUNCHES PIZZA- FRIDAY ONLY

MILK OFFERED DAILY: low fat white, vanilla, chocolate, strawberry. & nonfat white



LOOKING FOR A LITTLE EXTRA CASH, FLEXIBLE HOURS?

Various part-time Food Service Opportunities available this school year. Scan QR Code to complete application and apply for all clearances Act 34,151,114



2023 Simply Good Food, LLC

### MONDAY

#### **TUESDAY**

#### WEDNESDAY

# THURSDAY

## FRIDAY

1

**NO SCHOOL** 

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Chicken Patty on WG Bun w/ Lettuce & Tomato French Fries Carrots

Mandarin Oranges or Fresh Fruit Choice Milk

3

Nacho Supreme w/ Lettuce, Cheese & Salsa Mex Rice Refried Beans

Apple Slices or Fresh Fruit Choice Milk 4

Chicken Fajita on WG Tortilla
w/ Cheddar Cheese, Peppers & Onions
Corn & Black Bean Salad
Peas
Pineapple Tidbits or Fresh Fruit Choice

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Penne Pasta w/ Meat Sauce WG Garlic Toast Italian Blend Cucumber Slices Frozen Fruit Swirl or Fresh Fruit Choice

Milk

8

Chicken Nuggets
Potato Smiles
WG Dinner Roll
Cauliflower w/ Cheese
Fruit Cocktail or Fresh Fruit Choice

9

Mini Corn Dog WG Pasta Alfredo Broccoli Florets Cucumber Slices WG Cookie or Fresh Fruit Choice Milk 10

Cheese or Pepperoni Pizza Healthy Treat Bags Tossed Salad Corn Peaches or Fresh Fruit Choice 11

BBQ Rib Patty on WG Bun Potato Pancakes Baked Beans Applesauce or Fresh Fruit Choice Milk 12

Pierogies w/ Onion Butter Sauce Tossed Salad Carrots WG Pretzel Stick Pears or Fresh Fruit Choice

15

Walking Taco w/ WG Tortilla Chips Lettuce, Cheese & Salsa Refried Beans Green Beans Mandarin Oranges or Fresh Fruit Choice Milk 16

Meatball Sandwich on WG Roll w/ Mozz Cheese Potato Smiles Romaine Salad Pears or Fresh Fruit Choice Milk 17

Cooks Choice of Entrée Cooked Vegetable Fresh Vegetables Assorted Fruit Milk 18

Mexican Pizza
Spinach Salad
Mexicorn
Chocolate Brownie
Pineapple Tidbits or Fresh Fruit Choice
Milk

19

Stuffed Mozz Sticks w/ Pizza Sauce Spinach Salad Italian Blend Strawberry Cup or Fresh Fruit Choice Milk

22

WG Pancakes with Sausage Potato Triangles Carrot/ Celery Sticks w/ Ranch Warm Cinnamon Apple Slices or Fresh Fruit Choice Milk 23

Bridger Burger on WG Bun w/ Lettuce & Tomato Sweet Potato Fries Lentil Pasta Salad Gelatin or Fresh Fruit Choice Milk 24

Pork Chopette w/ Gravy Mashed Potatoes Peas WG Dinner Roll Peaches or Fresh Fruit Choice Milk 25

Chicken Tenders
Potato Wedges
Green Beans
Mandarin Oranges or Fresh Fruit Choice
Milk

20

Cooks Choice of Entrée Cooked Vegetable Fresh Vegetables Assorted Fruit Milk

29

Beef or Chicken Taco on WG Tortilla With Lettuce, Cheese, and Salsa Corn Cauliflower

30

Popcorn Chicken
Waffle Fries
Carrots
WG Breadsticks
Pears or Fresh Fruit Choice
Milk



Leigh Anne Holman CDM, CFPP Food Service Director 724-266-2833 ext. 2395





Pineapple Tidbits or Fresh Fruit Choice