

What Makes A Great Breakfast?

Select 3 Components!

2024

SEPTEMBER

MS-HS BREAKFAST MENU



	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 NO SCHOOL 	3 Fresh Fruit Variety Apple Slices Strawberry or Cinnamon Cream Cheeses Filled Bagel Milk	4 Fresh Fruit Variety Blue Raspberry Raisins French Toast Sticks Milk	5 Fresh Fruit Variety Peach Cup Mini Donuts Milk	6 Fresh Fruit Variety Applesauce Cup Asst Cereal Bars Milk
9 Fresh Fruit Variety Dried Cherries Dunkin Sticks Milk	10 Fresh Fruit Variety Pear Cup Nutrigran Bar Muffin Top Milk	11 Fresh Fruit Variety Apple Slices Breakfast Pizza Milk Choice	12 Fresh Fruit Variety Pineapple Tidbits Burst Bread Slice Hard Cooked Egg Milk	13 Fresh Fruit Variety Applesauce Cup Asst Cereal Bars Milk
16 Fresh Fruit Variety Diced Cinnamon Apples Pop Tart (2ea) Milk	17 Fresh Fruit Variety Fruit Cup Mini Cinnamon Rolls Milk	18 Fresh Fruit Variety Strawberry Raisins Pancakes & Sausage on Stick Yogurt Milk	19 Fresh Fruit Variety Mandarin Oranges Donut Holes Milk	20 Fresh Fruit Variety Applesauce Cup Asst Cereal Bars Milk
23 Fresh Fruit Variety Apple Slices Glazed Pull-a-Part Donut Milk Choice	24 Fresh Fruit Variety Peach Cup Apple or Cherry Frudel Milk	25 Fresh Fruit Variety Craisins Breakfast Uncrustable Milk	26 Fresh Fruit Variety Tropical Fruit Cup ZeeZee's Breakfast Bar Cheese Stick Milk	27 Fresh Fruit Variety Applesauce Cup Asst Cereal Bars Milk

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Fresh Fruit Variety
Strawberry Raisins
Breakfast Round
Hard Cooked Egg
Milk

ITEMS OFFERED DAILY

- ASSORTED CEREAL
- ASSORTED GRAHAMS
- FRESH FRUIT VARIETY
- ASSORTED 100% FRUIT JUICE

MILK OFFERED DAILY

- low fat white, vanilla,
- chocolate, strawberry. &
- nonfat white



Leigh Anne Holman CDM, CFPP
Food Service Director
724-266-2833 ext. 2395 or 2230

leighanne.holman@ambridge.k12.pa.us



Breakfast Price:
Free (CEP)