

## What Makes a Lunch?

Select 3-5 Components



One must be a

FRUIT

OR

VEGGIE

2025

# FEBRUARY

## MIDDLE SCHOOL LUNCH MENU

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

3

**Walking Taco w/ WG Tortilla Chips**  
Lettuce, Cheese & Salsa  
Refried Beans  
Fresh Pepper Strips w/ Ranch  
Mandarin Oranges or Fresh Fruit Choice  
Milk

4

**Meatball Sandwich on WG Roll**  
w/ Mozz Cheese  
Italian Blend  
Sliced Cucumbers  
Apple Slices or Fresh Fruit Choice  
Milk

5

**Pork Chopette w/ Gravy**  
Mashed Potatoes  
Peas  
WG Dinner Roll  
Gelatin or Fresh Fruit Choice  
Milk

6

**Chicken Tenders**  
Potato Wedges  
Coleslaw  
WG Biscuit  
Peaches or Fresh Fruit Choice  
Milk

7

**Stuffed Mozz Sticks w/ Pizza Sauce**  
Green Beans  
Tossed Salad  
Fruit Cocktail or Fresh Fruit Choice  
Milk

10

**Popcorn Chicken**  
Waffle Fries  
Carrots  
WG Breadsticks  
Pears or Fresh Fruit Choice  
Milk

11

**Beef or Chicken Taco on WG Tortilla**  
w/ Lettuce, Cheese and Salsa  
Green Beans  
Fresh Cauliflower w/ Ranch  
Pineapple Tidbits or Fresh Fruit Choice  
Milk

12

**Bridger Burger on WG Bun**  
w/ Lettuce & Tomato  
Sweet Potato Fries  
Lentil Pasta Salad  
Applesauce or Fresh Fruit Choice  
Milk

13

**Mexican Pizza**  
Mexicorn  
Spinach Salad  
Mandarin Oranges or Fresh Fruit Choice  
Milk

14

**Macaroni & Cheese**  
Peas  
Fresh Broccoli Florets w/ Ranch  
WG Heart Pretzel  
Strawberry Cup or Fresh Fruit Choice  
Milk

17

**NO SCHOOL**

18

**Hot Dog on WG Bun w/ Chili & Cheese**  
Baked Beans  
Cucumber Tomato Salad  
Frozen Fruit Swirl or Fresh Fruit Choice  
Milk

19

**Chicken Nuggets**  
Potato Smiles  
Cauliflower w/ Cheese  
WG Dinner Roll  
Fruit Cocktail or Fresh Fruit Choice  
Milk

20

**Cheese or Pepperoni Pizza**  
Tossed Salad  
Corn  
Healthy Treat Bags  
Peaches or Fresh Fruit Choice  
Milk

21

**Pierogies w/ Onion Butter Sauce**  
Carrots  
Fresh Broccoli Florets w/ Ranch  
WG Pretzel Stic  
Pears or Fresh Fruit Choice  
Milk

24

**Nacho Supreme**  
w/ Lettuce, Cheese & Salsa  
Refried Beans  
Apple Slices or Fresh Fruit Choice  
Milk

25

**Chicken Patty on WG Bun**  
w/ Lettuce & Tomato  
Curly Fries  
Carrots  
Mandarin Oranges or Fresh Fruit Choice  
Milk

26

**Mini Corn Dog**  
WG Pasta Alfredo  
Broccoli Florets  
Cucumber Slices  
WG Cookie or Fresh Fruit Choice  
Milk

27

**Chicken Fajita on WG Tortilla**  
w/ Cheddar Cheese, Peppers & Onions  
Mex Rice  
Peas  
Corn & Black Bean Salad  
Pineapple Tidbits or Fresh Fruit Choice  
Milk

28

**Penne Pasta w/ Meat Sauce**  
Italian Blend  
Tossed Salad  
WG Garlic Toast  
Strawberry Cup or Fresh Fruit Choice  
Milk



### DAILY LUNCH ITEMS

GARDEN SALAD  
DELI SANDWICH  
GRAB & GO LUNCH  
PIZZA (FRIDAY ONLY)

### MILK OFFERED DAILY

low fat white, vanilla,  
chocolate, strawberry.  
& nonfat white

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**Lunch Price:**  
**Free (CEP)**