

Lunch Price: Free (CEP)





MAY 2<sup>ND</sup> SCHOOLIU HERO DA

MIDDLE SCHOOL LUNCH MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

Chicken Tenders Potato Wedges

Coleslaw

Peaches or Fresh Fruit Choice

FRIDAY

**DAILY LUNCH ITEMS** 

**GARDEN SALAD DELI SANDWICH GRAB & GO LUNCH** PIZZA (FRIDAY ONLY)

**MILK OFFERED DAILY** 

low fat white, vanilla, chocolate, strawberry. & nonfat white

Leigh Anne Holman CDM, CFPP Food Service Director 724-266-2833 ext. 2395 or 2230

leighanne.holman@ambridge.k12.pa.us

WG Biscuit Milk

Stuffed Mozz Sticks w/ Pizza Sauce Green Beans **Tossed Salad** Strawberry Cup or Fresh Fruit Choice Milk

AND DE SANGE

or Chicken Taco on WG Tortilla

w/ Lettuce Cheese and Salsa Green Beans Fresh Cauliflower w/ Ranch Apple or Raspberry Churro Pineapple Tidbits or Fresh Fruit Choice

Popcorn Chicken Waffle Fries Carrots WG Breadsticks Pears or Fresh Fruit Choice

Bridger Burger on WG Bun w/ Lettuce & Tomato Sweet Potato Fries Lentil Pasta Salad Applesauce or Fresh Fruit Choice Milk

Mexican Pizza Mexicorn Spinach Salad Mandarin Oranges or Fresh Fruit Choice Milk

Macaroni & Cheese Peas Fresh Broccoli Florets w/ Ranch WG Dinner Roll Fruit Cocktail or Fresh Fruit Choice Milk

Chicken Nuggets Potato Smiles Cauliflower w/ Cheese WG Dinner Roll Fruit Cocktail or Fresh Fruit Choice Milk

Hot Dog on WG Bun w/ Chili & Cheese **Baked Beans** Cucumber Tomato Salad Frozen Fruit Swirl or Fresh Fruit Choice Milk

Open Faced Hot Roast Beef on WG Bread French Fries Peas Mousse or Fresh Fruit Choice Milk

Cheese or Pepperoni Pizza Tossed Salad

> Healthy Treat Bags Peaches or Fresh Fruit Choice Milk

Corn

Fresh Broccoli Florets w/ Ranch WG Pretzel Stick

Pears or Fresh Fruit Choice Milk

Pierogies w/ Onion Butter Sauce

Carrots

Nacho Supreme w/ Lettuce. Cheese & Salsa Refried Beans Apple Slices or Fresh Fruit Choice Milk

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Chicken Patty on WG Bun w/ Lettuce & Tomato Curly Fries Carrots Mandarin Oranges or Fresh Fruit Choice Milk

Mini Corn Dog WG Pasta Alfredo Broccoli Florets **Cucumber Slices** WG Cookie or Fresh Fruit Choice Milk

Chicken Fajita on WG Tortilla w/ Cheddar Cheese, Peppers & Onions Peas Corn & Black Bean Salad Pineapple Tidbits or Fresh Fruit Choice

Milk

Penne Pasta w/ Meat Sauce Italian Blend Tossed Salad WG Garlic Toast Strawberry Cup or Fresh Fruit Choice Milk

NO SCHOOL



NO SCHOOL

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Mandarin Orange Chicken over Egg Noodles Stir Fry Vegetables Fresh Pepper Stripes w/ Ranch WG Dinner Roll Fruit Cocktail or Fresh Fruit Choice

Cheeseburger on WG Bun W/ Lettuce &Tomato Crinkle Cut Fries Lentil Pasta Salad 100% Fruit Punch or Fresh Fruit Choice Milk

30 Buffalo Chicken Dip w/ Tortilla Chips Celery Sticks w/ Ranch Peas Pears or Fresh Fruit Choice

Milk