

## Yellow Squash

Squash was a staple for the Native Americans and a mainstay for early European settlers in America. New England colonists gave this vegetable its name from several Native American words, of which all meant “something eaten raw.” During the 19th century, merchant seamen brought new varieties of squash from other parts of the world to America, which would have been more of the winter squash variety. Pennsylvania, Ohio and West Virginia enjoy a great growing season for yellow squash from mid summer through early Fall.



### Fun Facts

- Yellow Squash is available with a crooked neck and with a straight neck.
- Florida is the leading state for squash production in the country, which we see throughout the winter and spring months.
- Squash comes in two different varieties – summer and winter. Yellow Squash is a type of “summer squash.” This means that it is picked when the rind is soft and edible, unlike the thick inedible skin of winter squash.

Yellow squash  
short video



What do you get when you mix  
godzilla and a vegetable garden?  
Squash

## Color the Squash



YELLOW SQUASH

*Monterverde's*

HEALTHY FRUITS & VEGETABLES