



Ambridge Area is a CEP District

Breakfast and Lunch
are free to Students.

BREAKFAST MENU

Students may choose the daily
feature in addition to fruit and/or
juice and milk for a complete
breakfast.

Daily Breakfast Fruit Choice:

Fresh Fruit
Dried Fruit
Fruit Cup
Asst Juice



AMBRIDGE AREA ELEMENTARY DECEMBER MENUS



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WEEK OF DECEMBER 1-5	MONDAY DECEMBER 1	TUESDAY DECEMBER 2	WEDNESDAY DECEMBER 3	THURSDAY DECEMBER 4	FRIDAY DECEMBER 5
BREAKFAST		Snack N Waffle	Mini Cinni	Breakfast Burrito	Benefit Bar
MAIN ENTRÉE LUNCH	NO	Cheese or Pepperoni Pizza	Boneless Chicken Wings	Hot Dog on WG Bun	Cheese Ravioli WG Bread Stick
ALTERNATE LUNCH	SCHOOL	Egg & Cheese on WG Croissant	Egg & Cheese on WG Croissant	Egg & Cheese on WG Croissant	Egg & Cheese on WG Croissant
VEGGIE CHOICE		Corn Baby Carrots Romaine Salad Sliced Cucumbers	Potato Wedges Corn Baby Carrots Romaine Salad Sliced Cucumbers	Baked Beans Corn Baby Carrots Romaine Salad Sliced Cucumbers	Corn Baby Carrots Romaine Salad Sliced Cucumbers
FRUIT CHOICE		Mandarin Oranges Apple Slices Clementines Seasonal Fruit	Frozen Fruit Swirl Mandarin Oranges Apple Slices Clementines Seasonal Fruit	Mandarin Oranges Apple Slices Clementines Seasonal Fruit	Mandarin Oranges Apple Slices Clementines Seasonal Fruit
MILK CHOICE		1% White, Lactose Free Chocolate, or Strawberry Milk	1% White, Lactose Free Chocolate, or Strawberry Milk	1% White, Lactose Free Chocolate, or Strawberry Milk	1% White, Lactose Free Chocolate, or Strawber- ry Milk

WEEK OF DECEMBER 8-12	MONDAY DECEMBER 8	TUESDAY DECEMBER 9	WEDNESDAY DECEMBER 10	THURSDAY DECEMBER 11	FRIDAY DECEMBER 12
BREAKFAST	Breakfast Round	French Toast Sticks	Mini Donuts	Breakfast Pizza	Zee Zee Bar Yogurt
MAIN ENTRÉE LUNCH	Walking Taco w/ Lettuce, Cheese & Salsa	Bridger Burger w/ Cheese on WG Bun w/ Lettuce & Tomato	Pork Chopette w/ Dinner Roll Mashed Potatoes Gravy	Chicken Tenders	Macaroni & Cheese Dinner Roll
ALTERNATE LUNCH	Turkey & American Cheese on WG Bun	Turkey & American Cheese on WG Bun	Turkey & American Cheese on WG Bun	Turkey & American Cheese on WG Bun	Turkey & American Cheese on WG Bun
VEGGIE CHOICE	Refried Beans Peas Baby Carrots Romaine Salad Celery Sticks	Peas Baby Carrots Romaine Salad Celery Sticks	Peas Baby Carrots Romaine Salad Celery Sticks	Crinkle Cut Fries Peas Baby Carrots Romaine Salad Celery Sticks	Peas Baby Carrots Romaine Salad Celery Sticks
FRUIT CHOICE	Pineapple Tidbits Applesauce Fresh Orange Seasonal Fruit	Pineapple Tidbits Applesauce Fresh Orange Seasonal Fruit	Frozen Fruit Swirl Pineapple Tidbits Applesauce Fresh Orange Seasonal Fruit	Pineapple Tidbits Applesauce Fresh Orange Seasonal Fruit	Pineapple Tidbits Applesauce Fresh Orange Seasonal Fruit
MILK CHOICE	1% White, Lactose Free Chocolate, or Strawberry Milk	1% White, Lactose Free Chocolate, or Strawberry Milk	1% White, Lactose Free Chocolate, or Strawberry Milk	1% White, Lactose Free Chocolate, or Strawberry Milk	1% White, Lactose Free Chocolate, or Strawberry Milk

What is included for Breakfast?

1. Whole Grain Bread Item
2. Meat/Meat Alternative (optional)
3. Fruit and/or Vegetable and/or 100% Juice
4. 1% or Fat Free Milk

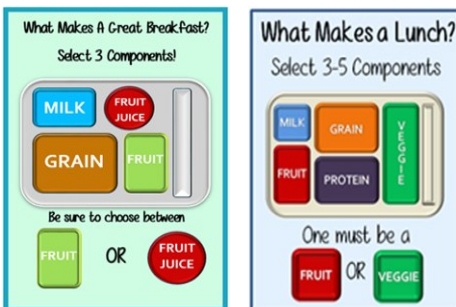
Students must pick 3 or 4 of the components of each meal, one of which MUST be at least 1/2 cup fruit or juice for a complete meal. If fewer than 3 items are taken or fruit or vegetables are not taken, students will be charged a different, ala carte price, as required by National School Breakfast Program regulations.



What is included for lunch?

1. Meat/Meat Alternative
2. Milk
3. Vegetable (1/2 cup limit on vegetable juice)
4. Fruit (1/2 cup limit on fruit juice)
5. Bread/Bread Alternative

Students must pick 3, 4, or ALL 5 of the components of each meal, one of which **MUST** be at least 1/2 cup of fruit or vegetables. If fewer than 3 items are taken or fruit or vegetables are not taken, students will be charged a different, ala carte price, as required by National School Breakfast Program regulations.



Online payments and student account management can be found at <https://www.schoolcafe.com/AmbbridgeAreaSCHODIST>

EARLY DISMISSAL

WEEK OF DECEMBER 15-19	MONDAY DECEMBER 15	TUESDAY DECEMBER 16	WEDNESDAY DECEMBER 17	THURSDAY DECEMBER 18	FRIDAY DECEMBER 19
BREAKFAST	Hadley Farms Cinnamon Roll	Eggo Mini Pan- cakes Hard Cooked Egg	Dunkin Sticks	Breakfast Scram- bler	Cereal Cup(2oz)
MAIN ENTRÉE LUNCH	Popcorn Chicken Snowman WG Pretzel	Beef or Chicken Taco on WG Tortilla w/ Lettuce, Cheese, & Salsa	Philly Cheese Steak Hoagie	Mexican Pizza	HOLIDAY BRUNCH WG Waffles w/ Toppings Scrambled Eggs Sausage
ALTERNATE LUNCH	Chili w/ Fritos	Chili w/ Fritos	Chili w/ Fritos	Chili w/ Fritos	No Alternate Today
VEGGIE CHOICE	Waffle Fries Mixed Vegetables Baby Carrots Romaine Salad Sliced Cucumbers	Refried Beans Mixed Vegetables Baby Carrots Romaine Salad Sliced Cucumbers	French Fries Mixed Vegetables Baby Carrots Romaine Salad Sliced Cucumbers	Mixed Vegetables Baby Carrots Romaine Salad Sliced Cucumbers	Hashbrown Rounds Veggie Juice Baby Carrots
FRUIT CHOICE	Canned Mixed Fruit Apple Slices Clementines Seasonal Fruit	Canned Mixed Fruit Apple Slices Clementines Seasonal Fruit	Frozen Fruit Swirl Canned Mixed Fruit Apple Slices Clementines Seasonal Fruit	Canned Mixed Fruit Apple Slices Clementines Seasonal Fruit	Diced Cinnamon Apples Clementines Seasonal Fruit
MILK CHOICE	1% White, Lactose Free Chocolate, or Strawberry Milk	1% White, Lactose Free Chocolate, or Strawberry Milk	1% White, Lactose Free Chocolate, or Strawberry Milk	1% White, Lactose Free Chocolate, or Strawberry Milk	1% White, Lactose Free Chocolate, or Strawberry Milk

WEEK OF DECEMBER 22-26

BREAKFAST

MAIN ENTRÉE LUNCH

ALTERNATE LUNCH

VEGGIE CHOICE

FRUIT CHOICE

MILK CHOICE

NO SCHOOL

ENJOY YOUR HOLIDAY BREAK!

See you back at school on

Monday January 5, 2024

